# **Wyong District Netball Association**



# BLUE BOOK 2025

Baker Park Wyong
Phone 4353 1876
www.wyongdistrictnetball.com.au

# Wyong District Netball Association Welcomes everyone to our 2025 Season

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### Please go to play HQ for Draw

**CLICK HERE** 

or visit our website for the link www.wyongdistrictnetball.com.au











# Wyong District Netball Association **EXECUTIVE MEMBERS 2025**

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#### **REGISTRAR**

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#### **GAMES SECRETARY**

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#### **ASS. TREASURER**

Debbie Stanford Mobile: 0422 887 844 Email: debbiestanford58@gmail.com

#### **DELEGATES TO NNSW**

Chris Miles Jan Addison Janet Hoddinott Sharyn Glachan













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### GENERAL INFORMATION

#### **General Assembly Meetings**

General Assembly meetings will be held at Baker Park on the dates in the following table. All correspondence must be given to the secretary on or before the day of the meeting to have it dealt with at that meeting except for matters deemed by the Executive to be of a controversial nature, which will be held over until the next meeting. All clubs must have a representative at the **general assembly** meetings. Failure to attend will result in a \$20.00+GST fine payable before teams take the court on the next day of play.

<b>Dates</b>	Time	
10 <sup>th</sup> March	7.00pm	
12 <sup>th</sup> May	7.00pm	
16 <sup>th</sup> June (3rd Monday)	7.00pm	
11 <sup>th</sup> August	7.00pm	
AGM 8th December — 7.00pm		

#### Competition

Week 1	29 <sup>th</sup> March
Week 2	5 <sup>th</sup> April
Week 3	12 <sup>th</sup> April
Week 4	3 <sup>rd</sup> May
Week 5	10 <sup>th</sup> May
Week 6	17 <sup>th</sup> May
Week 7	24 <sup>th</sup> May
Week 8	31 <sup>st</sup> May

Week 9	14 <sup>th</sup> June
Week 10	21 <sup>st</sup> June
Week 11	28 <sup>th</sup> June
Week 12	19 <sup>th</sup> July
Week 13	26 <sup>th</sup> July
Week 14	2 <sup>nd</sup> August
Week 15	9 <sup>th</sup> August
Week 16	16 <sup>th</sup> August

Semi Finals	23 <sup>rd</sup> August	
Finals	30 <sup>th</sup> August	
Grand Finals	6 <sup>th</sup> September	

Times for Semi Finals, Finals and Grand Finals will be available to the club secretaries 1 week before games. It is the club's responsibility to inform their teams.











#### **Smoking**

In accordance with the Clean Air Act 2000. Smoking is now **prohibited** on and around the court areas of the netball complex at Baker Park. Vaping is also illegal on sporting grounds.

#### Registrations

Each player must have their name entered on an official team sheet to allow for grading. No player will be permitted to play in the WDNA competition until registration has been checked with the Registrar. It is the club's responsibility to sight birth certificates for all junior players and collect registration fees. Unfinancial members will not be permitted to take the court. The Association recommends that junior players play in their correct age groups, if possible, exceptions may be made by the Grading Committee in extenuating circumstances.

#### **Late Registrations**

Late registrations are allowed. The following procedure will occur for 2025 Clubs who have players wishing to join a team that is not in A grade they should contact the Registrar no later than the Wednesday prior to Saturday they wish to commence playing with the information required to confirm their eligibility. Registering players into any 12 years and under competition team and 'A' Division players can be done prior to their game on Saturday. Players have the responsibility to register themselves online once they have met all the criteria. The committee has the right to allow or disallow a player to play in a nominated grade. This is done to ensure correct grading of teams is maintained.

#### **Umpiring**

Umpiring format is umpire your own, for all grades other than those taken by the Umpiring Convenor or Committee for Umpire development. Each Umpire is to wear all white, a white T shirt or check the uniform policy for inclusive uniform. All umpires must ensure that they arrive at the game on time and check nails, jewelry etc. as per rule book.

Clubs are responsible for replacing an umpire who does not turn up for a club game. Association allocated umpires will be fined \$55 if they fail to turn up for their game. This fine MUST be paid to the Treasurer by the following week or they will be deemed unfinancial. Division 1 umpires MUST be badged umpires or those umpires working towards a National C badge who has a supervisor present for the entire game.

Umpires accepted into any WDNA umpiring program MUST follow the guidelines as per policy. Umpires must sign the scoresheet at the finish of the game.

#### **Physiotherapist**

During the 2025 season a Physiotherapist from Healthpoint Mingara will be available for consultation throughout the day. Players who require strapping prior to their game **must provide their own tape** or purchase it from the physio, or canteen.











# HERITAGE



# Kimberley Burke

heritagere.com.au

#### **Scoresheets**

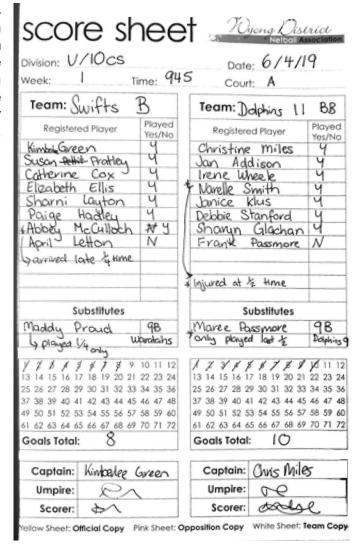
Books are available at a cost of \$8.00 (Plus GST). Please make sure you bring your score book each week. If you forget your book, you can ask the opposing team to score instead. All relevant information is on the cover of the score books. After each game the **yellow official sheet** is to be returned to the scoresheet box which is located at the Clubhouse **by the winning team.** Penalties will apply if the score sheet is not returned by the end of the day's competition.

It is the team responsible for scoring duty (first named team on the draw) to fill in the top of the score sheet correctly, failure to do so will result in a loss of points for that game.

Teams who do not fill their player's names correctly on the score sheet will result in loss of points for that game. Eg. All team members should be noted on the score sheet, Y or N ticked, and substitute from another team within your club noted on the score sheet with Name, Team & Division they are subbing from before they take the court. SAMPLE SCORE SHEET

#### **IMPORTANT:**

- List ALL registered players, write their names AS they have been registered.
- 7 players plus subs requires explanation















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#### **Post Protectors Returned**

Please make sure the following grades return their post protectors after the times listed below. Teams not returning their post protectors after games (as per draw) will be **fined \$20** per court **(\$10 per team)**. This fine must be paid before the following weeks games.

9.45am ROUND	11.00am ROUND	1:45pm ROUND	3:00pm ROUND
Nil to return	Courts 19, 26 please return your post protectors	Courts 5, 6, 20 please return your post protectors	All other teams playing at 3pm please return your post protectors after your game.

#### Clubs

Clubs not fulfilling Canteen/Toilet Duty will be fined \$100.00 (plus GST) for each duty not undertaken. As voted in by the Clubs at the 2001 AGM. A list of duties will be posted in the Canteen.

#### **Wet Weather**

Decisions to cancel games due to inclement weather will be made twice a day, at 7.45 am (morning games) and 12 o'clock (afternoon games). Radio station Star104.5 will be advised of these decisions. However, we have no control over the time of the announcements. WDNA Executive will endeavour to contact club secretaries, it is then the club's responsibility to advise teams if games are canceled. The committee believe that all games should be played if possible. If you cannot contact your club, assume that the game will be played. Cancellations will also be put on the Web Site & Face Book page.

#### **Lost Property**

Lost property is kept at the central control area until the end of each season. It will then be given to local charities if not claimed.

#### **Players**

- 12. Players may not wear anything that could endanger themselves or other players, specifically:
- (a) No body piercings including earrings may be worn.
- (b) No adornment that may endanger player safety may be worn.
- (c) No communication devices may be worn.
- (d) Any other adornment worn must be securely covered with tape and/or padding.
- (e) Medical devices may be worn provided they are securely covered with tape and/or padding.
- (f) Player monitoring devices may be worn provided they are secured within the playing uniform.
- (g) Fingernails must be short and smooth.
- (h) Hair must be suitably tied back (for example in a ponytail, plait or braided) and free from any adornment.























#### Penalties / Codes of Behaviour

WDNA follows the guidelines as set down by the NNSW Member Protection Policy, for more information please go to the NNSW website.

#### **Complaints / Appeals**

Formal complaints must be in writing on the correct form available from administration. Complaints on the back of score sheets will not be accepted. It is important to come to administration immediately if an incident occurs on court, do not wait until the end of the game. Complaints for incorrect scores will not be dealt with, a scorer from each team should stand together for the entire game.

#### **Final Series**

Clubs will be allocated time slots for Semi Finals, Finals & Grand Finals after week 15 (9<sup>th</sup> August). It is the Club's responsibility to notify their teams of game times. If a team fails to turn up for their game during the final series due to extenuating circumstances, the Executive of WDNA reserve the right to reschedule the game time if they deem that one team has been disadvantaged.

#### **Grand Finals**

For all junior teams 12 years and under, if the scores are even at full time they will be declared joint Premiers. The team receiving the trophy on the day will be determined by a toss of the coin between both Captains. Trophies for the other team will be given to the Club ASAP after Grand Final Day. For all other divisions extra time will be played.

#### Litter

It is the responsibility of the association members to see that all litter is placed in the bins provided around the courts. Coaches/Managers are requested to ensure that their teams remove litter from the courts after their game. Council rangers will frequent the Courts during the Season to see if the new litter laws are being observed. Spot checks will be taken throughout the day and teams **will be fined \$20 per team** if there is rubbish left in their area. Clubs are reminded again to supervise each of their teams.

#### **Delegates to WDNA Meetings**

All delegates to WDNA meetings must be senior members and financial members of WDNA and NNSW. There will be a \$22.00 (GST inclusive) fine for non attendance at a WDNA meeting.











# **CLUB INFORMATION**

#### **Contacts**

Club	Contact Name	Mobile	Contact Name	Mobile
Bateau Bay	Sharon Crosdale	0412 121 219	Michelle Willis	0400 074 415
Berkeley Vale	Melanie Stringer	0409 922 812	Danielle Letchford	0451 974 567
Budgewoi	Julie Shoesmith	0419 986 759	Rebecca Sevuloski	0404 764 773
C.C. Pelicans	Mandy Shaw	0402 207 164	Leisa Sturt	0423 056 397
Coastline Kookaburras	Shelly Jacovides	0449 618 591	Miranda Craig	0447 316 999
Hurricanes	Karen Avis	0471 262 266	Amii Davis	0424 546 287
Kanwal	Jah Taiapo	0410 858 534	Samantha Harper	0432 733 953
Kotahi	Leisa Tapsell	0478 616 642	Kelsey-Ann Hall	0416 426 641
Lake Munmorah	Melissa Paterson	0439 599 905	Rebecca Dalgairns	0408 027 583
Lakes	Belinda Leard	0478 114 410	Rebecca Greentree	0410 619 811
Lakes Grammar	Rachelle Kowaliw	0410 639 175	Kate Gibson	0449 000 197
MacKillop	Catherine Kyle	0419 617 136	Corrine Intia	0431 283 094
Mingara Killarney	Jacinda Harrison	0408 493 233	Scott Ferguson	0406 685 665
Panthers Sports	Sally Brownlie	0409 332 036	Emily Wall	0421 852 914
Shelly Beach	Amy Pidgeon	0413 332 449	Adam Dippel	0402 619 598
Summerland Pt / Gwandalan	Alison Bull	0434 640 501	Hayley Veitch	0417 472 152
Toukley	Melissa Lewis	0401 396 070	Lee Starkey	0450 570 446
Warnervale Wildcat	Robyn Robson	0427 475 714	Nikki Garcia	0423 118 682
Wyong Leagues	Gail Farrell	0487 765 149	Anne Starkey	0418 491 604
Zaaps	Robyn Higgins	0404 493 446	Tracey Gorton	0414 531 474











#### **Club Colours and Abbreviations**

Club	Abbr.	Colours
Bateau Bay	ВВ	Purple/ White
Berkeley Vale	BV	Blue/White
Budgewoi	В	Green/Gold
Central Coast Pelicans	ССР	Black/Red/Yellow
Coastline Kookaburras	СК	Pink/Cerise/White
Hurricanes	Н	Royal Blue/Gold
Kanwal	К	Black/Gold/White
Kotahi	кот	Black/Green/White
Lake Munmorah	LM	R/Light Blue
Lakes	LW	Royal Blue/ White
Lakes Grammar	LG	Navy/Burgundy/Yellow
MacKillop	MN	Red/Blue
Mingara/Killarney District	MKD	Green/ White
Panthers Sports	PS	Teal/Black/White
Shelly Beach	SB	Teal/Navy/White
Summerland Pt/Gwan	SPG	Red /Green/White
Toukley	Т	Red/ White
Warnervale Wildcats	ww	Blue/White/black
Wyong Leagues	WL	Gold/White
Zaaps	ZAAP	Purple/Black/white











# **CANTEEN ROSTER**

Date	Week	Club	Time
29 March	1	Hurricanes	8:15am to Finish
5 April	2	Lake Munmorah	8:15am to Finish
12 April	3	Lakes	8:15am to Finish
3 May	4	Mingara Killarney	8:15am to Finish
10 May	5	Lakes Grammar	8:15am to Finish
17 May	6	Shelly Beach	8:15am to Finish
24 May	7	Toukley	8:15am to Finish
30 May	8	Warnervale Wildcats	8:15am to Finish
14 June	9	Wyong Leagues	8:15am to Finish
21 June	10	Zaaps	8:15am to Finish
28 June	11	Bateau Bay	8:15am to Finish
19 July	12	Berkeley Vale	8:15am to Finish
26 July	13	Central Coast Pelicans	8:15am to Finish
2 August	14	Coastal Kookaburras	8:15am to Finish
9 August	15	Budgewoi Summerland Point	8:15am to 12:15 12:15 to Finish
16 August	16	Mackillop Kotahi Panthers Sports	8:15am to 11.30am 11.30 to 1pm 1pm to Finish
23 August	Semi Finals	Kanwal	8:15am to Finish
30 August	Finals	Hurricanes + TBA	8:15am to Finish
6 September	Grand Finals	ТВА	8:15am to Finish

#### **Please Note:**

- Clubs will need to supply at least 6 adults or high school students to the canteen.
- At no time will children under the age of 13 years be permitted to serve in the canteen.











### **BARBECUE ROSTER**

Date	Week	Club
29 March	1	WASHED OUT
5 April	2	Men's Rep
12 April	3	Opens Reps
3 May	4	17yr rep
10 May	5	15yr Reps
17 May	6	14yr Reps
24 May	7	13yr Reps
31 May	8	Combined reps Senior
14 June	9	12yrs reps
21 June	10	Combined reps Junior
28 June	11	Hurricanes
19 July	12	Kanwal
26 July	13	Lake Munmorah
2 August	14	Lakes
9 August	15	Lakes Grammar
16 August	16	Mingara Killarney

#### **Barbecue Responsibilities**

- Representative teams are allocated days prior to Clubs to help with fundraising for Senior/Junior State Titles.
- The cost to use the barbecue is \$110 per Club, or the alternative is to provide two people rostered in the canteen from 7:00am 8:15am to help with set-up.
- It is the teams/club's responsibility to fill the gas bottle prior to use.
- Teams and Clubs allocated a BBQ for fundraising purposes are responsible for putting the garbage bins around the courts before 8am.
- Representative teams/clubs will be responsible for helping with close at the end of the day –
   Making sure garbage bins are brought in, Sponsors Flags and post protectors are returned to club house. Failure to do so will incur a \$100 fine.
- BBQ and facilities MUST be cleaned and inspected by a WDNA Executive member before leaving. A fine of \$100 will be imposed if facilities are left dirty and equipment not put away correctly. This includes tables and gazebos.













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### **INSURANCE FORMS**

Insurance forms can be either downloaded from the NNSW website (Insurance) or collected from administration on the day of accident or injury, or as soon as possible after the incident.

Please follow the instructions on the form carefully and have it signed by the appropriate personnel.

It is the responsibility of injured person (or guardian) to complete the form correctly which is then sent directly to the insurance company.

# **CARNIVAL ENTRY PROCEDURES**

Entries to WDNA's carnival will be available on the web site, please follow the instructions to make sure your team has entered correctly.

No entries will be taken if not on the official form.

Teams withdrawing without appropriate notice are subject to a \$50:00 fine (plus GST).

#### **Umpiring Responsibilities at Carnivals**

- It is the responsibility of the team to supply an UMPIRE of a reasonable standard.
- It is not always possible to umpire your own team, and you may be required to umpire at the same time as your team is playing, so be prepared for this.
- Teams may borrow players from other teams for carnivals, but these players must be registered with Netball NSW and Netball Australia.
- Clubs/Teams wishing to enter any District Association Carnival must apply directly to that Association.











# **CARNIVAL DATES 2025**

Date	Carnival Venue	Grade	Closing Date
20 July	Port Stephens	11yrs – 17yrs + Boys	Check with Association
27 July	Lakeside	8yrs – 10yrs	Check with Association
27 July	Campbelltown	All Age	Check with Association
	Illawarra	10yrs -17yrs	Check with Association
	Maitland	Net Set Go, 11yrs – 17yrs	Check with Association
	Charlestown	11yrs – Opens + Men	Check with Association
3 August	Wyong	10yrs – Opens	22 July
11 August	Baulkham Hills	Net Set Go, 11yrs – 17yrs	Check with Association
	Singleton	Net Set Go – 17yrs	Check with Association











# **SUBSTITUTION RULES**

Please check **General Information** Score Sheets and Substitution rules – players from other team for the correct procedure when filling in score sheet.

#### For players from the same club – 12 years and under

GRADE	Eligible substitutes can be from:  - no 12yr can substitute to a Senior Division
12A	12B, 11A, 11B, 11C, Any 10
12B	11B, 11C, Any 10
12C	11C, Any 10, Any 9/10yrs
11A	11B, 11C, Any 10, 9 comp. 9/10yrs
11B	11C, 10B, 9 comp, 9/10yrs
11C	9 comp. 9/10yrs
10A	10B, 9 comp, 9/10yrs
10B	9 comp, 9/10yrs
9 Comp	9/10yrs, 8yrs
9/10yrs	Any 8yrs. 9/10 may also sub among themselves to make the game more enjoyable if a team is short
7yrs, 7/8yrs, 8yrs	7's, 7/8's, 8 and 8/9yrs are non-competition and can sub among themselves and with inter club cooperation you may use players from the opposing team to make the game more enjoyable for all.











#### | SUBSTITUTION RULES

Grade	Eligible substitutes can be from:
Division 1	Div 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12 Any Cadet, Any Junior or 13/14yrs Div
Division 2	Div 3, 4, 5, 6, 7, 8,9,10,11, 12 Any Cadet, Any Junior or 13/14yrs Div
Division 3	Div 4, 5, 6, 7, 8, 9 ,10, 11, 12 Any Cadet, Any Junior or 13/14yrs Div
Division 4	Div 5, 6, 7, 8, 9,10, 11, 12 Any Cadet, Any Junior or 13/14yrs Div
Division 5	Div 6, 7, 8, 9 ,10, 11, 12 Any Cadet, Any Junior or 13/14yrs Div
Division 6	Div 7, 8, 9,10, 11, 12 Any Cadet, Any Junior or 13/14yrs Div
Division 7	Div 8, 9, 10, 11, 12 Any Cadet, Any Junior or 13/14yrs Div
Division 8	Div 9, 10, 11, 12 Any Cadet Any Junior or 13/14yrs Div
Division 9	Div 10, 11, 12 Cadet 2, Cadet 3, Any Junior or Any 13/14yrs Div
Division 10	Div 11, Div 12, Cadet 3, Junior 2, 3,4, or 13/14yrs Maroon/White
Division 11	Div 12, Cadet 3, Junior 3,4, 13/14yrs White/Maroon
Division 12	Cadet 3, Junior 3,4, 13/14yrs White/Maroon
Cadet 1/Junior 1	Cadet 2, Cadet 3, Junior 2,3,4, Any 13/14yrs, Any 12yrs
Cadet 2	Cadet 3, Junior 3, 4, Any 13/14yrs, Any 12yrs
Cadet 3	Junior 3, 4 13/14 yrs Maroon/White, Any 12yrs
Junior 2	Junior 3, 4, Any 13/14yrs, Any 12yrs, Any 11yrs
Junior 3	Junior 4, 13/14yrs White/Maroon, Any12yrs, Any11yrs
Junior 4	13/14 White, 12B, 12C, Any11yrs
13/14 Blue	13/14 Maroon/White 12A, 12B, 12C, Any 11yrs
13/14 Maroon	13/14 White, 12B, 12C, Any 11yrs
13/14 White	12C, Any 11yrs











#### For players from the same club – 13 years to Seniors

| SUBSTITUTION RULES

#### For players from other teams

- a) Subbing of girls from a LOWER DIVISION, AGE GROUP OR GRADE
- b) If a team is unable to field seven players, they may borrow from a team of a lower grade division or age group WITHIN THEIR OWN CLUB.
- c) The borrowing team must field at least THREE (3) **Original players**.
- d) The maximum number of borrowed players shall be TWO (2) into any one team.
- e) If a registered player arrives after a subbed player has been used the original player may replace the subbed player but not until an interval (1/4, 1/2 or 3/4 time). Once a registered player has replaced a subbed player, that subbed player may not retake the court except in the event of an injury.
- f) A player can only sub up into a particular team TWICE (2) times. She will not be eligible to sub into the same team a third time. If she does sub a third time the borrowing team shall lose competition points awarded for that game.
- g) Substitutes must be written on the score sheet before the player takes the court. It is the responsibility of the Coach/team to ensure that the substitute is eligible to play in that division.
- h) The borrowed players must be eligible to play their own game.
- FORMAT for eligibility to sub into a team shall be: JUNIORS / INTERMEDIATE / CADET / SENIOR
  - all be decided yearly.
  - No substitution in semis, finals and grand finals.
  - Rep teams may sub from squad players within their age group.

Please note: If registered team player comes late/or is injured and has already been replaced by a substitute, please indicate late/injured player with an \*\* on the score sheet.

#### For players within your own team

Netball Australia - Official Rules - Revised 2024

- 9.1 Substitution and Team Changes (Page 40 Rules of Netball)
- (1) Both teams have the right to make substitutions and/or team changes:
  - (a) During an interval
  - (b) When play is stopped for injury/illness or blood.
  - (ii) The numbers of substitutions are not limited provided the players used are those named for the match.

A team is up to twelve players (of whom a maximum of seven are on the court at any time).





















Visit us at 20 Amsterdam Cct, North Wyong, 2259 Call (02) 4313 9437 View ccmgwyong.com.au























# **CALENDAR OF EVENTS**

DATE	EVENT
29 March	Open Day – March Past 8am
3 May	Registration for 8 week Net Set Go program opens
10 May	11.00am Net Set Go program commences
31 May	Kids Cancer Appeal Fund Raising Day
1 June	Second selection for 11yr Development Squad. Baker Park, Wyong 9am start. Application to trial forms are on the website and will be accepted up until 24 May. Players wishing to trial MUST be in attendance.  Late applications will not be accepted.
7 – 9 June	Senior State Titles, Camden - 15yrs, 17yrs, Opens, Men's Division
5 – 7 July	Junior State Titles Penrith -12yrs, 13yrs, 14yrs
2 August	Applications for 2026 Representative Coaches Close
27 July	10yr Skills Development Day – for all players turning 11yrs in 2026. 10am – 2pm (more information closer to date)
10 August	<ul> <li>11 year Development Squad Selections. Baker Park, Wyong 9am.         Application to trial forms are on the website and will be accepted up until 9 August.     </li> <li>Players wishing to trial for a position in this squad must be in attendance.         Late applications will not be accepted.         12 year Rep Squad selections for 2026. Baker Park, Wyong 1:30pm         Application to trial forms are on the website and will be accepted up until 9         August – Late applications will not be accepted.     </li> </ul>
12 August	13 year Rep Squad Selections for 2026 – Baker Park – 4:30pm     Application to trial forms are on the website and will be accepted up until     9 August – Late application will not be accepted.
14 August	14 year Rep Squad Selections for 2026 – Baker Park – 4:30pm     15 year Rep Squad Selections for 2026 – Baker Park – 6:30pm     Application to trial forms are on the website and will be accepted up until 9     August – Late applications will not be accepted.
	Senior Representative – 17yrs, Opens & Men are asked to submit a nomination for representative squads/teams for 2026. This selection will be held late January or early February once players know their commitments for the season. Please check web site for details.
17 August	Koori Gala Day Wyong
TBA	Representative Presentation Dinner for all players and rep personnel
Coach and Umpire Development	Coaching and Umpiring Courses are available through Netball NSW please check NSW web site for details - www.netballnsw.com For updates and general information please check the Wyong Netball Association website: www.wyongdistrictnetball.com.au
Player Development	Please check NNSW web site and WDNA web site/face book page for details of clinics for players.











### **NET SET GO NETBALL GUIDELINES**

#### **Umpiring and Coaching**

- Use simple language and explain decisions.
- Umpire accordingly to the skill level of the players.
- Adopt the role of teacher/umpire rather than rule enforcer.
- Adopt an encouraging and pleasant manner to ensure an open and free flowing game.
- Be flexible, easy going with a desire to help the children to enjoy the game. Use common sense to ensure that the spirit of the game for children is not lost by overcalling the game.
- Two umpires are required on these games.
- If the game is one-sided coaches MUST make sure all players have a good experience.

#### **Net Set Go Program for 7 Years and 7/8 Years**

Match duration	15 minutes FOR skill development and warm up games.
	3 x 15 minute on court game time.
Goal posts	2.4 Metres (8 foot) height
Ball	Size 4
Time to pass the ball	Up to 5 seconds
Short Pass	<ul> <li>The ball must be thrown (not handed) to another player.</li> <li>If two players from the same team gain possession of the ball in quick succession, this is not considered a short pass.</li> </ul>
Replayed ball	<ul> <li>A player who fumbles while gaining possession of the ball will not be considered to have replayed the ball.</li> <li>A player may bat or bounce the ball up to 2 times to gain possession.</li> </ul>
Footwork	1-2 steps to regain balance allowed.
Centre pass	The initial Centre Pass will be taken by the team that won the toss and all other centre passes are taken by the non-scoring team.
Offside	<ul> <li>A player who moves into an incorrect playing area and self-corrects should not be penalised for offside.</li> <li>Players may "play on" in the case of simultaneous offside (one player touches the ball), rather than a toss up being taken.</li> <li>Players should be given guidance if they move into offside areas and should not be penalised at the first instance. If a player regularly goes offside, even after guidance is given, they may be penalised.</li> </ul>
Breaking	A player who breaks on the centre pass should not be penalised for breaking.











Defending	Strict "one-on-one defence".
	Players may not defend a shot for goal.
Obstruction	<ul> <li>Players should be given guidance if they are obstructing (i.e. defending from a distance of less than 1.2m (4ft) or have arms away from the body so as to limit the movement of an opponent) and should not be penalised at the first instance.</li> <li>If a player regularly obstructs, even after guidance is given, they may be penalised.</li> </ul>
Substitutions	<ul> <li>The game time should be evenly distributed amongst all players.</li> <li>A team can make unlimited substitutions at any time.</li> <li>Players should experience all playing positions over the course of the season.</li> </ul>
Penalty Pass	A player taking the penalty pass must stand in the correct position and wait for the offending player to stand out of play before passing.
Advantage	The advantage rule should not be applied, with the exception of advantage goal.
Game Management	Game Management section does not apply.
Coaching	<ul> <li>Coaches (1 per team) may enter the court to provide players with immediate feedback as required.</li> <li>If the game is one-sided, coaches should use any means necessary to ensure a good experience for all players. This could include either rotation of players into positions they do not usually play or rest more skilled players.</li> </ul>
Making substitutions during play	<ul> <li>Coaches are able to make unlimited substitutions.</li> <li>The substitute shall tag the player leaving the court.</li> <li>The player must not interfere with play during the substitution process and observe the Offside rule.</li> </ul>
Awards and Scoring	<ul> <li>No scores are kept and no finals are played.</li> <li>No best and fairest awards should be awarded.</li> </ul>











# Net Set Go Rules for 8 years and 8/9 years

Match duration	4 x 15-minute quarters
Goal posts	2.4 Metres (8 foot) height
Ball	Size 4
Time to pass the ball	Up to 4 seconds
Footwork	1-2 steps (to regain balance) allowed
Short Pass	<ul> <li>Ball must be thrown (not handed) to another player.</li> <li>If two players from the same team gain possession of the ball in quick succession, this is not considered a short pass.</li> </ul>
Replayed Ball	While the usual rules for replayed ball apply, consideration must be given to the age and skill level of the players in determining whether a player has control of the ball (i.e. some fumbling should be expected and allowed).
Footwork	Shuffling on the spot to regain balance is allowed, without moving down the court.
Centre Pass	The initial centre pass will be taken by the team that won the toss then alternate centre pass.
Offside	<ul> <li>Usual offside rule applies, with consideration given to the age and skill level of the players.</li> <li>Players may "play on" in the case of simultaneous offside (one player touches the ball), rather than a toss up being taken.</li> <li>If a player regularly goes offside (and does not seem aware that they are breaking the rules), they should be given guidance about the correct playing area/s for their position when penalised.</li> </ul>
Breaking	Players should be given guidance if they break on the centre pass and should not be penalised at the first instance. If a player regularly goes offside, even after guidance is given, they may be penalised.
Defending	<ul><li>Strict "one-on-one defence".</li><li>Players may defend a shot for goal</li></ul>
Obstruction	<ul> <li>A player must defend from a distance of no less than 1.2m (4ft).</li> <li>A player who is within 1.2m (4ft) of an opponent cannot use movements that take the arms away from the body so as to limit the possible movement of an opponent.</li> </ul>
Substitutions	<ul> <li>The game time should be evenly distributed amongst all players.</li> <li>A team can make unlimited substitutions at any time.</li> <li>Players should experience all positions over the court of the program/season.</li> </ul>











Penalty Pass	A player taking the penalty pass must stand in the correct position and wait for the offending player to stand out of play before passing.
Advantage	The advantage rule should not be applied, with the exception of advantage goal.
Game Management	Game Management section does not apply.
Coaching	<ul> <li>The coach may move along the sideline (but may not interfere with the umpire) to provide players with immediate feedback as required.</li> <li>If the game is one-sided, coaches/umpires should use any means necessary to ensure a good experience for all players. This could include the centre pass is taken by the non-scoring team, rotation of players into positions they do not usually play and/or rest more skilled players.</li> </ul>
Awards and Scoring	<ul> <li>Scores may be kept but no ladder produced, no finals are played.</li> <li>No best and fairest awards should be awarded.</li> </ul>
Making substitutions during play	<ul> <li>Coaches are able to make unlimited substitutions.</li> <li>The substitute player shall tag the player leaving the court.</li> <li>The players must not interfere with play during the substitution process and observe the offside rule.</li> </ul>















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### RECREATION SMOKE FREE POLICY

Council adopted the Recreation Smoke-Free Policy at the Ordinary Meeting held on 25 June 2008. It was moved by Councillor Welham and seconded by Councillor Stewart.

The purpose of the Recreation Smoke Free Policy is to protect residents, in particular children, from the harmful effects of passive smoking. The policy is further evidence of Council's commitment to a partnership which will see Wyong Shire Council staff work with the NSW Cancer Council and Northern Sydney Central Coast Health to highlight the health benefits of smoke-free areas.

Council has the ability to regulate activity in a public place by means of regulatory notice on council owned and controlled land by virtue of Section 632 of the NSW Local Government Act 1993.

#### Smoke-Free Zones are declared on the following Council owned and managed land:

All sports grounds and their associated infrastructure including:

- Amenities buildings and car parks
- · Tennis court and netball courts
- Skate and BMX parks
- Swimming centres
- · Golf driving ranges; and

#### Zones will also apply at:

- Council events within 30 metres of playgrounds on all parks and reserves
- within 10 metres to the side and rear of red and yellow swimming flags on all
- patrolled beaches when patrols are present
- within 10 metres of rock pools; lake and ocean baths; BBQs; picnic furniture
- areas; alfresco dining areas.
- within 10 metres of entrances to Council owned or managed buildings, including balconies and covered areas
- within 10 metres of all bus stops
- Council owned and managed pedestrian malls and plazas
- within 10 metres of all covered taxi ranks located on Council owned or managed land.
- Promoters of events held on land managed by Council or under the sponsorship of Council will also be encouraged to operate as smoke-free.

Note that Council does not have the statutory authority to apply this policy to privately owned land, unless that land falls within the boundaries laid out above. Privately owned land is subject to the NSW Smoke Free Environmental Act, which prohibits smoking in a wide range of public places.







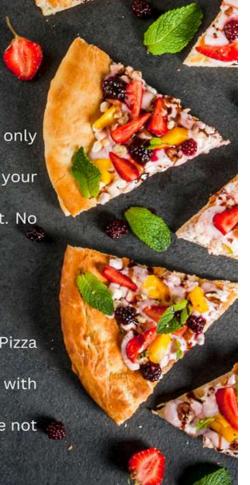






#### Terms and Conditions

- 1. Available at Pizza Inn Tuggerah Only
- 2. Adults \$15 per head (15 years and over).
- 3. Children \$11 per head.
- 4. Children Under 5 free.
- 5. Established amateur sporting clubs/volunteer organisations only (ABN required).
- 6. Children must be supervised by a responsible adult from your club/organisation.
- 7. Monies must be paid into a club/organisation bank account. No cash on the night and no personal bank accounts.
- 8.\$5 per paying patron to be donated to the club/organisation.
- 9. Maximum capacity 50 patrons.
- 10. Pre-bookings essential.
- 11. Sitting is for 90 minutes.
- 12. Pizzas are from our traditional range (16 varieties) set by 'Pizza Inn on the night (Subject to availability)
- 13. Vegetarian, Vegan, and Gluten Free pizzas can be arranged with prior notice.
- 14. Pasta dishes, soft drinks, desserts, and other menu items are not included in the price but may be purchased separately.
- 15. No BYO Alcohol.





















Please support our sponsors.

Without their generous donations our Netball competition would not be as successful.

For all competition information including draws, results, press releases, rep information, coaching/umpiring clinics, club contacts and more visit:

www.wyongdistrictnetball.com.au









