# **Wyong District Netball Association**



# BLUE BOOK 2024

Baker Park Wyong
Phone 4353 1876
www.wyongdistrictnetball.com.au

# Wyong District Netball Association Welcomes everyone to our 2024 Season

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## Please go to play HQ for Draw



or visit our website for the link www.wyongdistrictnetball.com.au















# Wyong District Netball Association **EXECUTIVE MEMBERS 2024**

#### **PRESIDENT**

Chris Miles Phone: 4397 2419 Mobile: 0466 304 366

Email: christinemiles49@gmail.com

#### **VICE PRESIDENT / MPIO**

Jan Addison
Phone: 4977 1979
Mobile: 0466 585 383
Email: jaddison184@gmail.com

#### REGISTRAR

Sharyn Glachan Mobile: 0422 874 612 Email: sglachan@bigpond.net.au

#### **TREASURER**

Janet Hoddinott Mobile: 0401 671 797 Email: jphoddy@hotmail.com

#### **UMPIRES CONVENOR**

Janice Klus Phone: 4353 2339 Email: janklus1@hotmail.com

#### **REP CONVENOR-**

Irene Wheele
Mobile: 0438 244 051
Email: irenewheele@gmail.com

#### **GAMES SECRETARY**

Narelle Smith
Phone: 4392 9288
Email: narellesmith@y7mail.com

#### **GAMES SECRETARY**

Allira Smith
Mobile: 0414 656 639
Email: allira pip@hotmail.com

#### PROMOTIONS / PR

Kristy Harris Mobile: 0403 543 790 Email: harri111@hotmail.com

# COACHING CONVENOR

Josh Bogers Mobile: 0410 023 255 Email: joshbogers@hotmail.com

#### **ASS. TREASURER**

Debbie Stanford Mobile: 0422 887 844 Email: debbiestanford58@gmail.com

#### ASSISTANT REP CONVENOR

Jah Taiapo Mobile: 0410 858 424 Email: jah.taiapo@gmail.com

#### **DELEGATES TO NNSW**

Chris Miles Jan Addison Janet Hoddinott Sharyn Glachan

















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## **GENERAL INFORMATION**

#### **General Assembly Meetings**

General Assembly meetings will be held at Baker Park on the dates in the following table. All correspondence must be given to the secretary on or before the day of the meeting to have it dealt with at that meeting except for matters deemed by the Executive to be of a controversial nature, which will be held over until the next meeting. All clubs must have a representative at the **general assembly** meetings. Failure to attend will result in a \$20.00+GST fine payable before teams take the court on the next day of play.

Dates	Time		
11 <sup>th</sup> March	7.00pm		
13 <sup>th</sup> May	7.00pm		
17 <sup>th</sup> June (3rd Monday)	7.00pm		
12 <sup>th</sup> August	7.00pm		
AGM 9th December — 7.00pm			

#### Competition

Week 1	6 <sup>th</sup> April
Week 2	13 <sup>th</sup> April
Week 3	4 <sup>th</sup> May
Week 4	11 <sup>th</sup> May
Week 5	18 <sup>th</sup> May
Week 6	25 <sup>th</sup> May
Week 7	1 <sup>st</sup> June
Week 8	15 <sup>th</sup> June

Week 9	22 <sup>nd</sup> June
Week 10	29 <sup>th</sup> June
Week 11	20 <sup>th</sup> July
Week 12	27 <sup>th</sup> July
Week 13	3 <sup>rd</sup> August
Week 14	10 <sup>th</sup> August
Week 15	17 <sup>th</sup> August
Week 16	24 <sup>th</sup> August

Semi Finals	31 <sup>st</sup> August
Finals	7 <sup>th</sup> September
Grand Finals	14 <sup>th</sup> September

Times for Semi Finals, Finals and Grand Finals will be available to the club secretaries 1 week before games. It is the club's responsibility to inform their teams.











#### **Smoking**

In accordance with the Clean Air Act 2000. Smoking is now **prohibited** on and around the court areas of the netball complex at Baker Park. Vaping is also illegal on sporting grounds.

#### Registrations

Each player must have their name entered on an official team sheet to allow for grading. No player will be permitted to play in the WDNA competition until registration has been checked with the registrar. It is the club's responsibility to sight birth certificates for all junior players and collect registration fees. Unfinancial members will not be permitted to take the court. The Association recommends that junior players play in their correct age groups, if possible, exceptions may be made by the Grading Committee in extenuating circumstances.

#### **Late Registrations**

Late registrations are allowed. The following procedure will occur for 2024 Clubs who have players wishing to join a team that is not in A grade they should contact the Registrar no later than the Wednesday prior to Saturday they wish to commence playing with the information required to confirm their eligibility. Registering players into any 12 years and under competition team and 'A' Division players can be done prior to their game on Saturday. Players have the responsibility to register themselves online once they have met all the criteria. The committee has the right to allow or disallow a player to play in a nominated grade. This is done to ensure correct grading of teams is maintained.

#### **Umpiring**

Umpiring format is umpire your own, for all grades other than those taken by the Umpiring Convenor or Committee for Umpire development. Each Umpire is to wear all white, a white T shirt or check the uniform policy for inclusive uniform. All umpires must ensure that they arrive at the game on time and check nails, jewelry etc. as per rule book.

Clubs are responsible for replacing an umpire who does not turn up for a club game. Association allocated umpires will be fined \$55 if they fail to turn up for their game. This fine MUST be paid to the Treasurer by the following week or they will be deemed unfinancial. Division 1 umpires MUST be badged umpires or those umpires working towards a National C badge who has a supervisor present for the entire game.

Umpires accepted into any WDNA umpiring program MUST follow the guidelines as per policy. Umpires must sign the scoresheet at the finish of the game.

#### **Physiotherapist**

During the 2024 season a Physiotherapist from Healthpoint Mingara will be available for consultation throughout the day. Players who require strapping prior to their game **must provide their own tape** or purchase it from the physio, or canteen.













0403 940 309 | kburke@wiseberryheritage.com.au





#### **Scoresheets**

Books are available at a cost of \$6.00 (Plus GST). Please make sure you bring your score book each week. If you forget your book, you can ask the opposing team to score instead. All relevant information is on the cover of the score books. After each game the **yellow official sheet** is to be returned to the scoresheet box which is located at the Clubhouse **by the winning team.** Penalties will apply if the score sheet is not returned by the end of the day's competition.

It is the team responsible for scoring duty (first named team on the draw) to fill in the top of the score sheet correctly, failure to do so will result in a loss of points for that game.

Teams who do not fill their player's names correctly on the score sheet will result in loss of points for that game. Eg. All team members should be noted on the score sheet, Y or N ticked, and substitute from another team within your club noted on the score sheet with Name, Team & Division they are subbing from before they take the court. SAMPLE SCORE SHEET

#### **IMPORTANT:**

- List ALL registered players, write their names AS they have been registered.
- 7 players plus subs requires explanation





BRIDE











#### **Post Protectors Returned**

Please make sure the following grades return their post protectors after the times listed below. Teams not returning their post protectors after games (as per draw) will be **fined \$20** per court **(\$10 per team)**. This fine must be paid before the following weeks games.

9.45am ROUND	11.00am ROUND	1:45pm ROUND	3:00pm ROUND
Court 6, please return your post protectors	Courts 26, 27, please return your post protectors	Courts A, 19, 20, 22, 23, 24, 25 please return your post protectors	All other teams playing at 3pm please return your post protectors after your game.

#### Clubs

Clubs not fulfilling Canteen/Toilet Duty will be fined \$100.00 (plus GST) for each duty not undertaken. As voted in by the Clubs at the 2001 AGM. A list of duties will be posted in the Canteen.

#### **Wet Weather**

Decisions to cancel games due to inclement weather will be made twice a day, at 7.45 am (morning games) and 12 o'clock (afternoon games). Radio station Star104.5 will be advised of these decisions. However, we have no control over the time of the announcements. WDNA Executive will endeavour to contact club secretaries, it is then the club's responsibility to advise teams if games are canceled. The committee believe that all games should be played if possible. If you cannot contact your club, assume that the game will be played. Cancellations will also be put on the Web Site & Face Book page.

#### **Lost Property**

Lost property is kept at the central control area until the end of each season. It will then be given to local charities if not claimed.

#### **Players**

- 12. Players may not wear anything that could endanger themselves or other players, specifically:
- (a) No body piercings including earrings may be worn.
- (b) No adornment that may endanger player safety may be worn.
- (c) No communication devices may be worn.
- (d) Any other adornment worn must be securely covered with tape and/or padding.
- (e) Medical devices may be worn provided they are securely covered with tape and/or padding.
- (f) Player monitoring devices may be worn provided they are secured within the playing uniform.
- (g) Fingernails must be short and smooth.
- (h) Hair must be suitably tied back (for example in a ponytail, plait or braided) and free from any adornment.















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Member for Dobell
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#### **Penalties / Codes of Behaviour**

WDNA follows the guidelines as set down by the NNSW Member Protection Policy, for more information please go to the NNSW website.

#### **Complaints / Appeals**

Formal complaints must be in writing on the correct form available from administration. Complaints on the back of score sheets will not be accepted. It is important to come to administration immediately if an incident occurs on court, do not wait until the end of the game. Complaints for incorrect scores will not be dealt with, a scorer from each team should stand together for the entire game.

#### **Final Series**

Clubs will be allocated time slots for Semi Finals, Finals & Grand Finals after week 15 (17<sup>th</sup> August). It is the Club's responsibility to notify their teams of game times. If a team fails to turn up for their game during the final series due to extenuating circumstances, the Executive of WDNA reserve the right to reschedule the game time if they deem that one team has been disadvantaged.

#### **Grand Finals**

For all junior teams 12 years and under, if the scores are even at full time they will be declared joint Premiers. The team receiving the trophy on the day will be determined by a toss of the coin between both Captains. Trophies for the other team will be given to the Club ASAP after Grand Final Day. For all other divisions extra time will be played.

#### Litter

It is the responsibility of the association members to see that all litter is placed in the bins provided around the courts. Coaches/Managers are requested to ensure that their teams remove litter from the courts after their game. Council rangers will frequent the Courts during the Season to see if the new litter laws are being observed. Spot checks will be taken throughout the day and teams **will be fined \$20 per team** if there is rubbish left in their area. Clubs are reminded again to supervise each of their teams.

#### **Delegates to WDNA Meetings**

All delegates to WDNA meetings must be senior members and financial members of WDNA and NNSW. There will be a \$22.00 (GST inclusive) fine for non attendance at a WDNA meeting.











# **CLUB INFORMATION**

#### **Contacts**

Club	Contact Name	Mobile	Contact Name	Mobile
Bateau Bay	Sharon Crosdale	0412 121 219	Michelle Willis	0400 074 415
Berkeley Vale	Elisha McCann	0409 952 508	Danielle Letchford	0451 974 567
Budgewoi	Julie Shoesmith	0419 986 759	Rebecca Sevuloski	0404 764 773
C.C. Pelicans	Mandy Shaw	0402 207 164		
Hurricanes	Tara Dwyer	0431 816 259	Amanda Curry	0402 910 810
Kanwal	Jah Taiapo	0410 858 534	Samantha Harper	0432 733 953
Lake Munmorah	Rebecca Dalgairns	0408 027 583	Holly Wright	0410 193 338
Lakes	Belinda Leard	0478 114 410	Rebecca Greentree	0410 619 811
Lakes Grammar	Belinda Henson	0401 058 630	Rachelle Kowaliw	0410 639 175
MacKillop	Catherine Kyle	0419 617 136	Rebecca Stephenson	0411281284
Mingara Killarney	Jacinda Harrison	0408 493 233	Sandra Le Beau	0416 584 665
Panthers Sports	Sally Brownlie	0409 332 036	Emily Wall	0421 852 914
Shelly Beach	Amy Pidgeon	0413 332 449	Adam Dippel	0402 619 598
Summerland Pt / Gwandalan	Alison Bull	0434 640 501	Hayley Veitch	0417 472 152
Toukley	Melissa Lewis	0401 396 070	Lee Starkey	0450 570 446
Wadalba	Jasmine Flaherty	0409 532 545	Lisa Holt	0412 031 808
Warnervale Wildcat	Kim Bunting	0412 023 233	Kaylie Smith	0402 188 207
Wyong Leagues	Amy Lawrance	0412 083 145	Gail Farrell	0487 765 149
Zaaps	Robyn Higgins	0404 493 446	Tracey Gorton	0414 531 474













### **Club Colours and Abbreviations**

Club	Abbr.	Colours
Bateau Bay	ВВ	Purple/ White
Berkeley Vale	BV	Blue/White
Budgewoi	В	Green/Gold
Central Coast Pelicans	ССР	Black/Red/Yellow
Hurricanes	Н	Royal Blue/Gold
Kanwal	К	Black/Gold/White
Lake Munmorah	LM	R/Light Blue
Lakes	LW	Royal Blue/ White
Lakes Grammar	LG	Navy/Burgundy/Yellow
MacKillop	MN	Red/Blue
Mingara/Killarney District	MKD	Green/ White
Panthers Sports	PS	Teal/Black/White
Shelly Beach	SB	Teal/Navy/White
Summerland Pt/Gwan	SPG	Red /Green/White
Toukley	Т	Red/ White
Wadalba	WN	Black/White/Grey/Turquoise
Warnervale Wildcats	ww	Blue/White/black
Wyong Leagues	WL	Gold/White
Zaaps	ZAAP	Purple/Black/white











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# **CANTEEN ROSTER**

Date	Week	Club	Time
6 April	1	Summerland Point	8:15am to Finish
13 April	2	Toukley	8:15am to Finish
4 May	3	Warnervale Wildcats	8:15am to Finish
11 May	4	Wyong Leagues	8:15am to Finish
18 May	5	Zaaps	8:15am to Finish
25 May	6	Berkeley Vale	8:15am to Finish
1 June	7	Central Coast Pelicans	8:15am to Finish
15 June	8	Hurricanes	8:15am to Finish
22 June	9	Kanwal	8:15am to Finish
29 June	10	Lake Munmorah	8:15am to Finish
20 July	11	Lakes Grammar	8:15am to Finish
27 July	12	Lakes	8:15am to Finish
3 August	13	Mingara Killarney	8:15am to Finish
10 August	14	Shelly Beach	8:15am to Finish
17 August	15	Wadalba Mackillop	8:15am to 11:30am 11:30am to Finish
24 August	16	Panthers Budgewoi	8:15am to 11am 11am - Finish
31 August	Semi Finals	Bateau Bay	8:15am to Finish
7 September	Finals	TBA	8:15am to Finish
14 September	Grand Finals	TBA	8:15am to Finish

#### **Please Note:**

- Clubs will need to supply at least 6 adults or high school students to the canteen.
- At no time will children under the age of 13 years be permitted to serve in the canteen.











## **BARBECUE ROSTER**

Date	Week	Club
6 April	1	15yr Reps
13 April	2	Open Reps
4 May	3	Men's reps
11May	4	17yr reps
18 May	5	14yr reps
25 May	6	13yr reps
1 June	7	12yr reps
15 June	8	Combined reps
22 June	9	Summerland Point
29 June	10	Toukley
20 July	11	Central Coast Pelicans
27 July	12	Warnervale
3 August	13	Wyong Leagues
10 August	14	Zaaps
17August	15	Bateau Bay
24 August	16	Berkeley Vale

#### **Barbecue Responsibilities**

- Representative teams are allocated days prior to Clubs to help with fundraising for Senior/Junior State Titles.
- The cost to use the barbecue is \$110 per Club, or the alternative is to provide two people rostered in the canteen from 7:00am 8:15am to help with set-up.
- It is the teams/club's responsibility to fill the gas bottle prior to use.
- Teams and Clubs allocated a BBQ for fundraising purposes are responsible for putting the garbage bins around the courts before 8am.
- BBQ and facilities MUST be cleaned and inspected by a WDNA Executive member before leaving. A fine of \$100 will be imposed if facilities are left dirty and equipment not put away correctly.
- All rubbish from the BBQ must be put into the nearest outside wheelie bin.
- Clubs are asked two people to be on court duty until the 1.45 round. Details will be provided on the day.













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# **INSURANCE FORMS**

Insurance forms can be either downloaded from the NNSW website (Insurance) or collected from administration on the day of accident or injury, or as soon as possible after the incident.

Please follow the instructions on the form carefully and have it signed by the appropriate personnel.

It is the responsibility of injured person (or guardian) to complete the form correctly which is then sent directly to the insurance company.

## **CARNIVAL ENTRY PROCEDURES**

Entries to WDNA's carnival will be available on the web site, please follow the instructions to make sure your team has entered correctly.

No entries will be taken if not on the official form.

Teams withdrawing without appropriate notice are subject to a \$50:00 fine (plus GST).

#### **Umpiring Responsibilities at Carnivals**

- It is the responsibility of the team to supply an UMPIRE of a reasonable standard.
- It is not always possible to umpire your own team, and you may be required to umpire at the same time as your team is playing, so be prepared for this.
- Teams may borrow players from other teams for carnivals but these players must be registered with Netball NSW and Netball Australia.
- Clubs/Teams wishing to enter any District Association Carnival must apply directly to that Association.











# **CARNIVAL DATES 2024**

Date	Carnival Venue	Grade	Closing Date
23 June	Ku-ring-gai	Net Set Go	Check with Association
21 July	Port Stephens Lakeside	All Age & Net Set Go Net Set Go	Check with Association
28 July	Blacktown	11ys – Opens & Net Set Go	Check with Association
28 July	St George	9 yrs-17yrs, All Abilities, Masters	Check with Association
	Illawarra	10yrs -17yrs	Check with Association
	Maitland	All Age, Net Set Go, Opens Club	Check with Association
	Charlestown	All Age, Net Set Go, Masters	Check with Association
4 August	Wyong	10yrs – Opens	22 July
4 August	Nelson Bay	8yrs -13yrs, Masters	Check with Association
11 August	Baulkham Hills	11-17yrs, Net Set Go, All Abilities	Check with Association
	Cessnock	8yrs - 15yrs	Check with Association
	Singleton	All Age Net Set Go, 15's, Boys	Check with Association













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# **SUBSTITUTION RULES**

Please check **General Information** Score Sheets and Substitution rules – players from other team for the correct procedure when filling in score sheet.

For players from the same club – 12 years and under

GRADE	Eligible substitutes can be from:  - no 12yr can substitute to a Senior Division
12A	12B, 11A, 11B, 11C, Any 10
12B	11B, 11C, Any 10,
12C	11C, Any 10, Any 9/10yrs
11A	11B, 11C, Any 10, 9 comp. 9/10yrs
11B	11C, Any 10, 9 comp, 9/10yrs
11C	10B, 10C, 9 comp. 9/10yrs
10A	10B, 10C, 9 comp, 9/10yrs
10B	10C, 9 comp, 9/10yrs
10C	9 comp, 9/10yrs
9 Comp	9/10yrs, 8yrs
9/10yrs	Any 8. 9/10 may also sub among themselves to make the game more enjoyable if a team is short
7yrs, 7/8yrs, 8yrs	These games are NON-COMPETITION and aimed at skill development. 7's, 7/8's 8yrs can sub among themselves. With inter club cooperation you may use players from the opposing team to make the game more enjoyable for all.







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## For players from the same club – 13 years to Seniors

Grade	Eligible substitutes can be from:
Division 1	Div 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, Any Cadet, Any Junior or 13yrs Div
Division 2	Div 3, 4, 5, 6 , 7, 8,9,10,11, Any Cadet, Any Junior or 13yrs Div
Division 3	Div 4, 5, 6, 7, 8, 9 ,10, 11, Any Cadet, Any Junior or 13yrs Div
Division 4	Div 5, 6, 7, 8, 9,10, 11, Any Cadet, Any Junior or 13yrs Div
Division 5	Div 6, 7, 8, 9 ,10, 11, Any Cadet, Any Junior or 13yrs Div
Division 6	Div 7, 8, 9,10, 11, Any Cadet, Any Junior or 13yrs Div
Division 7	Div 8, 9, 10, 11, Any Cadet, Any Junior or 13yrs Div
Division 8	Div 9, 10, 11, Any Cadet Any Junior or 13yrs Div
Division 9	Div 10, 11, Cadet 2, Cadet 3, Any Junior or Any 13yrs Div
Division 10	Div 11, Cadet 3, Junior 2, 3,4, 5, or Any 13yrs Div
Division 11	Cadet 3, Junior 2,3,4,5, or Any 13yrs Div
Cadet 1	Cadet 2, Any Junior, Any 13yrs or 12yrs
Cadet 2	Cadet 3, Junior 2, 3, 4, 5, Any 13yrs or 12yrs
Cadet 3	Junior 3, 4, 5, 13C, Any 12yrs
Junior 1	Junior 2, 3, 4, 5, Any 13yrs,12yrs or 11yrs
Junior 2	Junior 3, 4, 5, Any 13yrs,12yrs, or 11yrs
Junior 3	Junior 4, 5, Any 13yrs,12yrs or 11yrs
Junior 4	Junior 5, Any 13 Any 12 or 11yrs
Junior 5	Any 13, 12B, 12C, Any 11yrs
13/14 B	13C, 12B, 12C, Any 11, Any 10
13C	12C, Any 11, Any 10

| SUBSTITUTION RULES











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#### For players from other teams

- a) Subbing of girls from a **LOWER DIVISION**, **AGE GROUP OR GRADE**
- b) If a team is unable to field seven players, they may borrow from a team of a lower grade division or age group WITHIN THEIR OWN CLUB.
- c) The borrowing team must field at least THREE (3) Original players.
- d) The maximum number of borrowed players shall be TWO (2) into any one team.
- e) If a registered player arrives after a subbed player has been used the original player may replace the subbed player but not until an interval (1/4, 1/2 or 3/4 time). Once a registered player has replaced a subbed player, that subbed player may not retake the court except in the event of an injury.
- f) A player can only sub up into a particular team TWICE (2) times. She will not be eligible to sub into the same team a third time. If she does sub a third time the borrowing team shall lose competition points awarded for that game.
- g) Substitutes must be written on the score sheet before the player takes the court. It is the responsibility of the Coach/team to ensure that the substitute is eligible to play in that division.
- h) The borrowed players must be eligible to play their own game.
- i) FORMAT for eligibility to sub into a team shall be: JUNIORS / INTERMEDIATE / CADET / SENIOR
  - all be decided yearly.
  - No substitution in semis, finals and grand finals.
  - Rep teams may sub from squad players within their age group.

Please note: If registered team player comes late/or is injured and has already been replaced by a substitute, please indicate late/injured player with an \*\* on the score sheet.

#### For players within your own team

Netball Australia - Official Rules - Revised 2024

- 9.1 Substitution and Team Changes (Page 40 Rules of Netball)
- (1) Both teams have the right to make substitutions and/or team changes:
  - (a) During an interval
  - (b) When play is stopped for injury/illness or blood.
  - (ii) The numbers of substitutions are not limited provided the players used are those named for the match.

A team is up to twelve players (of whom a maximum of seven are on the court at any time).













# RABBITEGINA

Monday to Friday 6-9am



# **CALENDAR OF EVENTS**

DATE	EVENT
6 April	Open Day – March Past 8am
1 May	Registration for 10 week Net Set Go program opens
18 May	11.00am Net Set Go program commences
1 June	Kids Cancer Appeal Fund Raising Day
2 June	Second selection for 11yr development squad. Baker Park, Wyong 9am start. Application to trial forms are on the website and will be accepted up until 25 May. Players wishing to trial MUST be in attendance.  Late applications will not be accepted.
8-10 June	Senior State Title, Campbelltown - 15yrs, 17yrs, Opens
8-9 June	Senior State Titles, Camden - Mens division
6-8 July	Junior State Titles Penrith -12yrs, 13yrs, 14yrs
10 August	Applications for 2025 Representative Coaches Close
11 August	10yr Skills Development Day – for all players turning 11yrs in 2025. 10am – 2pm (more information closer to date)
18 August	11 year Development Squad Selections. Baker Park, Wyong 9am. Application to trial forms are on the website and will be accepted up until 17 August. Players wishing to trial for a position in this squad must be in attendance. Late applications will not be accepted.  12yr rep squad selections for 2024. Baker Park, Wyong 1:30pm Application to trial forms are on the website and will be accepted up until 17 August – Late applications will not be accepted.
20 August	13 year Rep Squad Selections for 2024 – Baker Park – 4:30pm Application to trial forms are on the website and will be accepted up until 17 August – Late application will not be accepted.
22 August	14 year Rep Squad Selections for 2024 – Baker Park – 4:30pm 15 year Rep Squad Selections for 2024 – Baker Park – 6:30pm Application to trial forms are on the website and will be accepted up until 17 August – Late applications will not be accepted.
22 August	<b>Senior Representative – Baker Park – 7.30pm:</b> Application to trial forms are due on or before the 14 August. All interested players are required to attend for either squad selection or expression of interest depending on numbers.
24 August	Koori Gala Day Wyong
TBA	Representative Presentation Dinner for all players and rep personnel
Coach and Umpire Development	Coaching and Umpiring Courses are available through Netball NSW please check NSW web site for details - www.netballnsw.com For updates and general information please check the Wyong Netball Association website: www.wyongdistrictnetball.com.au
Player Development	Please check NNSW web site and WDNA web site/face book page for details of clinics for players.













## **NET SET GO NETBALL GUIDELINES**

## **Umpiring and Coaching**

- Use simple language and explain decisions.
- Umpire accordingly to the skill level of the players.
- Adopt the role of teacher/umpire rather than rule enforcer.
- Adopt an encouraging and pleasant manner to ensure an open and free flowing game.
- Be flexible, easy going with a desire to help the children to enjoy the game. Use common sense to ensure that the spirit of the game for children is not lost by overcalling the game.
- Two umpires are required on these games.
- If the game is one-sided coaches MUST make sure all players have a good experience.

### **Net Set Go Program for 7 Years and 7/8 Years**

Match duration	15 minutes FOR skill development and warm up games
	3 x 15 minute on court game time
Goal posts	2.4 Metres (8 foot) height
Ball	Size 4
Time to pass the ball	Up to 5 seconds
Stepping	Shuffling on the spot to regain balance allowed
Defending	<ul><li>Strict "one-on-one defence"</li><li>Players may not defend the shot for goal</li></ul>
Obstruction	A player must defend from a distance of no less than 1.2m (4ft)
Penalties	Do not stand out of play for contact or obstruction but explain the rule
Substitutions	<ul> <li>The game time should be evenly distributed amongst all player.</li> <li>A team may make unlimited substitutions at intervals or at any time during play.</li> <li>Before leaving the court the substitute shall tag the player leaving the court.</li> <li>Players should be substituted to either only attack positions or defence positions only during the duration of the game.</li> <li>Players should experience all playing positions over the course of the season.</li> </ul>
Centre pass	<ul> <li>The initial Centre Pass will be taken by the team that won the toss and all other.</li> <li>Centre Passes shall be taken by the team that did not score the last goal.</li> </ul>
Scoring	There are no scores kept in these games
Coaching	Coaches (1 per team) may enter the court to help players













### **Net Set Go Rules for 8 years**

Match duration	4 x 15-minute quarters
Goal posts	2.4 Metres (8 foot) height
Ball	Size 4
Time to pass the ball	Up to 5 seconds
Footwork	1-2 steps (to regain balance) allowed
Defending	<ul><li>Strict "one-on-one defence"</li><li>Players may not defend the shot for goal</li></ul>
Obstruction	A player must defend from a distance of no less than 1.2m (4ft)
Penalties	Do not stand out of play for contact or obstruction but explain the rule
Substitutions	<ul> <li>Game time evenly distributed amongst all players</li> <li>Unlimited substitutions at any time</li> <li>Players should be allowed to try all positions throughout the season</li> </ul>
Centre pass	Taken by the non-scoring team
Coaching	Coaches may act as the Umpires but cannot coach while umpiring.















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# RECREATION SMOKE FREE POLICY

Council adopted the Recreation Smoke-Free Policy at the Ordinary Meeting held on 25 June 2008. It was moved by Councillor Welham and seconded by Councillor Stewart.

The purpose of the Recreation Smoke Free Policy is to protect residents, in particular children, from the harmful effects of passive smoking. The policy is further evidence of Council's commitment to a partnership which will see Wyong Shire Council staff work with the NSW Cancer Council and Northern Sydney Central Coast Health to highlight the health benefits of smoke-free areas.

Council has the ability to regulate activity in a public place by means of regulatory notice on council owned and controlled land by virtue of Section 632 of the NSW Local Government Act 1993.

#### Smoke-Free Zones are declared on the following Council owned and managed land:

All sports grounds and their associated infrastructure including:

- Amenities buildings and car parks
- Tennis court and netball courts
- Skate and BMX parks
- Swimming centres
- Golf driving ranges; and

#### Zones will also apply at:

- Council events within 30 metres of playgrounds on all parks and reserves
- within 10 metres to the side and rear of red and yellow swimming flags on all
- patrolled beaches when patrols are present
- within 10 metres of rock pools; lake and ocean baths; BBQs; picnic furniture
- areas; alfresco dining areas.
- within 10 metres of entrances to Council owned or managed buildings, including balconies and covered areas
- within 10 metres of all bus stops
- Council owned and managed pedestrian malls and plazas
- within 10 metres of all covered taxi ranks located on Council owned or managed land.
- Promoters of events held on land managed by Council or under the sponsorship of Council will also be encouraged to operate as smoke-free.

Note that Council does not have the statutory authority to apply this policy to privately owned land, unless that land falls within the boundaries laid out above. Privately owned land is subject to the NSW Smoke Free Environmental Act, which prohibits smoking in a wide range of public places.











# JundraiSing All you can eat Pizza Night

\$15 Per adult \$11 Per child (up to 15 years of age)



\$5/head profit to your group

For bookings email keltyandson@outlook.com or message via Facebook https://www.facebook.com/pizzainntuggerah



#### Terms and Conditions

- 1. Available at Pizza Inn Tuggerah Only
- 2. Adults \$15 per head (15 years and over).
- 3. Children \$11 per head.
- 4. Children Under 5 free.
- Established amateur sporting clubs/volunteer organisations only (ABN required).
- Children must be supervised by a responsible adult from your club/organisation.
- 7. Monies must be paid into a club/organisation bank account. No cash on the night and no personal bank accounts.
- 8.\$5 per paying patron to be donated to the club/organisation.
- 9. Maximum capacity 50 patrons.
- 10. Pre-bookings essential.
- 11. Sitting is for 90 minutes.
- 12. Pizzas are from our traditional range (16 varieties) set by Pizza Inn on the night (Subject to availability)
- 13. Vegetarian, Vegan, and Gluten Free pizzas can be arranged with prior notice.
- 14. Pasta dishes, soft drinks, desserts, and other menu items are not included in the price but may be purchased separately.
- 15. No BYO Alcohol.



Please support our sponsors.

Without their generous donations our Netball competition would not be as successful.

For all competition information including draws, results, press releases, rep information, coaching/umpiring clinics, club contacts and more visit:

www.wyongdistrictnetball.com.au









