

Wyong District Netball Association



BLUE BOOK 2023

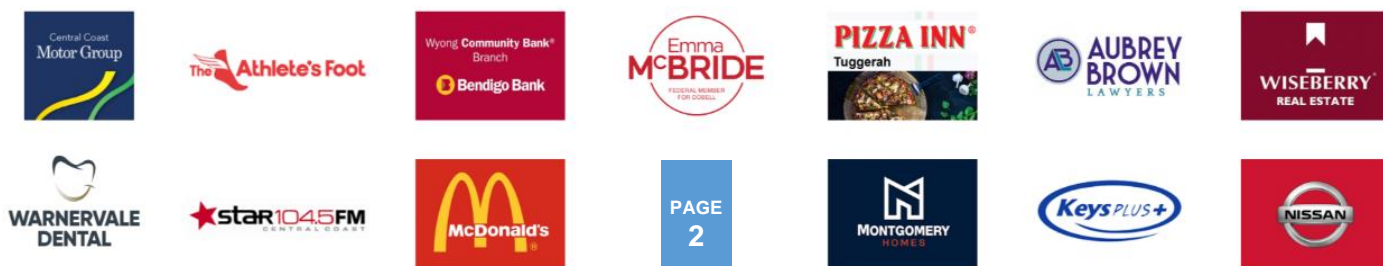
Baker Park Wyong
Phone 4353 1876
www.wyongdistrictnetball.com.au

Wyong District Netball Association

Welcomes everyone to our 2023 Season

Contents

EXECUTIVE MEMBERS 2023	4
GENERAL INFORMATION.....	6
General Assembly Meetings.....	6
Competition.....	6
Smoking	7
Registrations.....	7
Late Registrations.....	7
Umpiring.....	7
Physiotherapist.....	7
Scoresheets.....	8
Post Protectors Returned	10
Clubs	10
Wet Weather.....	10
Lost Property	10
Players.....	10
Penalties / Codes of Behaviour	12
Complaints / Appeals	12
Final Series	12
Grand Finals	12
Litter.....	12
Delegates to WDNA Meetings	12



CLUB INFORMATION	13
Contacts	13
Club Colours and Abbreviations	15
CANTEEN ROSTER.....	16
BARBECUE ROSTER	17
Barbecue Responsibilities	17
INSURANCE FORMS	19
CARNIVAL ENTRY PROCEDURES	19
Umpiring Responsibilities at Carnivals	19
CARNIVAL DATES 2023	20
SUBSTITUTION RULES.....	22
For players from the same club – 12 years and under	22
For players from the same club – 13 years to Seniors	23
For players from other teams	24
For players within your own team	24
CALENDAR OF EVENTS.....	26
NET SET GO NETBALL GUIDELINES	27
Umpiring and Coaching.....	27
Net Set Go Program for 7 Years and 7/8 Years.....	27
Net Set Go Rules for 8 years	28
RECREATION SMOKE FREE POLICY	30

Please go to play HQ for Draw

CLICK HERE

or visit our website for the link
www.wyongdistrictnetball.com.au



Wyong District Netball Association

EXECUTIVE MEMBERS 2023

<p>PRESIDENT Chris Miles Phone: 4397 2419 Mobile: 0466 304 366 Email: christinemiles49@gmail.com</p>	<p>VICE PRESIDENT / MPIO Jan Addison Phone: 4977 1979 Mobile: 0466 585 383 Email: jaddison184@gmail.com</p>
<p>SECRETARY Sharyn Glachan Mobile: 0422 874 612 Email: sglachan@bigpond.net.au</p>	<p>TREASURER Janet Hoddinott Mobile: 0401 671 797 Email: jphoddy@hotmail.com</p>
<p>UMPIRES CONVENOR Janice Klus Phone: 4353 2339 Email: janklus1@hotmail.com</p>	<p>REP CONVENOR Irene Wheele Mobile: 0438 244 051 Email: irenewheele@gmail.com</p>
<p>GAMES SECRETARY Narelle Smith Phone: 4392 9288 Email: narellesmith@y7mail.com</p>	<p>GAMES SECRETARY Allira Smith Mobile: 0414 656 639 Email: allira_pip@hotmail.com</p>
<p>PROMOTIONS/PR Kristy Harris Mobile: 0403 543 790 Email: harri111@hotmail.com</p>	<p>ASS. UMPIRES CONVENOR Kaitlyn Lockwood Mobile: 0450696212 Email: katelockwood367@gmail.com</p>
<p>COACHING CONVENOR Josh Bogers Mobile: 0410 023 255 Email: joshbogers@hotmail.com</p>	<p>ASS. TREASURER Debbie Stanford Mobile: 0422 887 844 Email: debbiestanford58@gmail.com</p>
<p>ASSISTANT REP CONVENOR Jah Taiapo Mobile: 0410 858 424 Email: jah.taiapo@gmail.com</p>	<p>DELEGATES TO NNSW Chris Miles Jan Addison Janet Hoddinott Sharyn Glachan</p>





Key Cutting
Trophies
Engraving
Giftware
Watch Services

Kiosk 6 Lake Haven Shopping Centre, Lake Haven

Ph: 0243930253

Email: keyspluslakehaven@gmail.com

GENERAL INFORMATION

General Assembly Meetings

General Assembly meetings will be held at Baker Park on the dates in the following table. All correspondence must be given to the secretary on or before the day of the meeting to have it dealt with at that meeting except for matters deemed by the Executive to be of a controversial nature, which will be held over until the next meeting. All clubs must have a representative at the **general assembly** meetings. Failure to attend will result in a \$20.00+GST fine payable before teams take the court on the next day of play.

Dates	Time
13 March	7.00pm
8 May	7.00PM
19 June (3rd Monday)	7.00pm
14 August	7.00pm
AGM 11 December — 7.00pm	

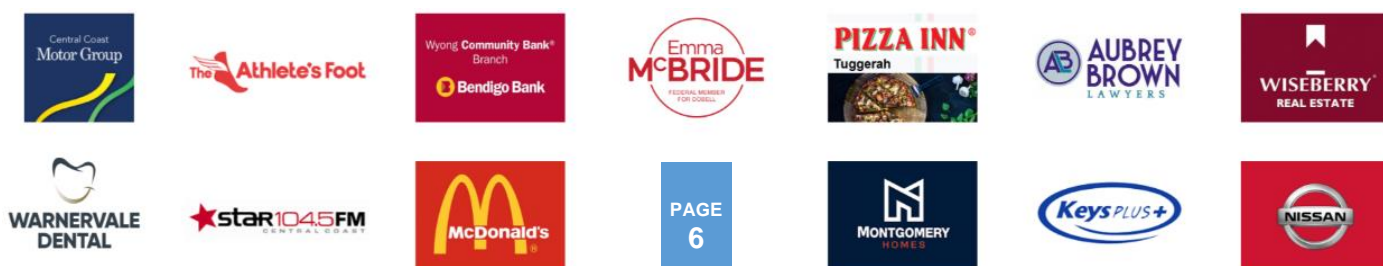
Competition

Week 1	25 March
Week 2	1 April
Week 3	22 April
Week 4	29 April
Week 5	6 May
Week 6	13 May
Week 7	20 May
Week 8	27 May

Week 9	3 June
Week 10	17 June
Week 11	24 June
Week 12	15 July
Week 13	22 July
Week 14	29 July
Week 15	5 August
Week 16	12 August

Semi Finals	19 August
Finals	26 August
Grand Finals	2 September

Times for Semi Finals, Finals and Grand Finals will be available to the club secretaries 1 week before games. It is the club's responsibility to inform their teams.



Smoking

In accordance with the Clean Air Act 2000. Smoking is now **prohibited** on and around the court areas of the netball complex at Baker Park.

Registrations

Each player must have their name entered on an official team sheet to allow for grading. No player will be permitted to play in the WDNA competition until registration has been checked with the registrar. It is the club's responsibility to sight birth certificates for all junior players and collect registration fees. Un financial members will not be permitted to take the court. The Association recommends that junior players play in their correct age groups, if possible, exceptions may be made by the Grading Committee in extenuating circumstances.

Late Registrations

Late registrations are allowed, the following procedure will occur for 2023 Clubs who have players wishing to join a team that is not in A grade should contact the Registrar no later than the Wednesday prior to Saturday they wish to commence playing with the information required to confirm their eligibility. Registering players into any 12 years and under competition team and 'A' Division players can be done prior to their game on Saturday. Players have the responsibility to register themselves online once they have meet all the criteria. The committee has the right to allow or disallow a player to play in a nominated grade. This is done to ensure correct grading of teams is maintained.

Umpiring

Umpiring format is umpire your own, for all grades other than those taken by the Umpiring Convenor or Committee for Umpire development. Each Umpire is to wear all white, a white T shirt or check the uniform policy for inclusive uniform. All umpires must ensure that they arrive to the game on time and check nails, jewelry etc. as per rule book.

Clubs are responsible for replacing an umpire who does not turn up for a club game. Association allocated umpires will be fined \$55 if they fail to turn up for their game. This fine **MUST** be paid to the Treasurer by the following week or they will be deemed unfinancial. Division 1 umpires **MUST** be badged umpires or those umpires working towards a National C badge who has a supervisor present for the entire game.

Umpires accepted into any WDNA umpiring program **MUST** follow the guidelines as per policy.

Umpires must sign the scoresheet at the finish of the game.

Physiotherapist

During the 2023 season a Physiotherapist from Healthpoint Mingara will be available for consultation throughout the day. Players who requiring strapping prior to their game **must provide their own tape** or purchase it from the physio, or canteen.



Scoresheets

Books are available at a cost of \$6.00 (Plus GST). Please make sure you bring your score book each week. If you forget your book, you can ask the opposing team to score instead. All relevant information is on the cover of the score books. After each game the **yellow official sheet** is to be returned to the scoresheet box which is located at the Clubhouse **by the winning team**. Penalties will apply if the score sheet is not returned by the end of the day's competition.

It is the team responsible for scoring duty (first named team on the draw) to fill in the top of the score sheet correctly, failure to do so will result in a loss of points for that game.

Teams who do not fill their player's names correctly on the score sheet will result in loss of points for that game. Eg. All team members should be noted on the score sheet, Y or N ticked, and substitute from another team within your club noted on the score sheet with Name, Team & Division they are subbing from before they take the court.

SAMPLE SCORE SHEET

IMPORTANT:

- List **ALL** registered players, write their names AS they have been registered
- 7 players plus subs requires explanation

score sheet		Wyong District Netball Association	
Division: <u>V/10cs</u>	Date: <u>6/4/19</u>		
Week: <u>1</u>	Time: <u>945</u>	Court: <u>A</u>	
Team: <u>Swifts B</u>		Team: <u>Dolphins 11 B8</u>	
Registered Player	Played Yes/No	Registered Player	Played Yes/No
Kimberly Green	Y	Christine Miles	Y
Susan Attil Pratley	Y	Jan Addison	Y
Catherine Cox	Y	Irene Wheel	Y
Elizabeth Ellis	Y	Narelle Smith	Y
Sharni Layton	Y	Janice Klus	Y
Paige Hadley	Y	Debbie Stanford	Y
Abbey McCulloch	Y	Sharon Glachan	Y
April Letton	N	Frank Passmore	N
Arrived late 1/4 time		Injured at 1/2 time	
Substitutes		Substitutes	
Maddy Proud	QB	Maree Passmore	QB
played 1/4 only	Worralahs	only played last 1/2	Dolphins 9
1 2 3 4 5 6 7 8 9 10 11 12		1 2 3 4 5 6 7 8 9 10 11 12	
13 14 15 16 17 18 19 20 21 22 23 24		13 14 15 16 17 18 19 20 21 22 23 24	
25 26 27 28 29 30 31 32 33 34 35 36		25 26 27 28 29 30 31 32 33 34 35 36	
37 38 39 40 41 42 43 44 45 46 47 48		37 38 39 40 41 42 43 44 45 46 47 48	
49 50 51 52 53 54 55 56 57 58 59 60		49 50 51 52 53 54 55 56 57 58 59 60	
61 62 63 64 65 66 67 68 69 70 71 72		61 62 63 64 65 66 67 68 69 70 71 72	
Goals Total: <u>8</u>		Goals Total: <u>10</u>	
Captain: <u>Kimberly Green</u>		Captain: <u>Chris Miles</u>	
Umpire: <u>[Signature]</u>		Umpire: <u>[Signature]</u>	
Scorer: <u>[Signature]</u>		Scorer: <u>[Signature]</u>	
Yellow Sheet: Official Copy Pink Sheet: Opposition Copy White Sheet: Team Copy			





MONTGOMERY
HOMES

feel at home

The
Signature
Collection
By shaynna blaze

**Exclusive design themes
created for your new home:**

Relaxed Bohemian
Boutique Hotel
Modernist
Palm Springs
Aspen Lodge
Modern Colonial

Visit montgomeryhomes.com.au or follow us
for more home design and building inspiration!



Post Protectors Returned

Please make sure the following grades return their post protectors after the times listed below. Teams not returning their post protectors after games (as per draw) will be **fined \$20 per court (\$10 per team)**. This fine must be paid before the following weeks games.

11:00am ROUND	12:30am ROUND	1:45pm ROUND	3:00pm ROUND
13/14C division: courts 25, 26 & 27 10C division: court 20	Junior 4 division: courts 24 & 19	Div 7: courts 14, 17 & 18 Div 9: courts 5 & 6	All other teams playing at 3pm please return your post protectors after your game.

Clubs

Clubs not fulfilling Canteen/Toilet Duty will be fined \$100.00 (plus GST) for each duty not undertaken. As voted in by the Clubs at the 2001 AGM. A list of duties will be posted in the Canteen.

Wet Weather

Decisions to cancel games due to inclement weather will be made twice a day, at 7.45 am (morning games) and 12 o'clock (afternoon games). Radio station Star104.5 will be advised of these decisions. However, we have no control over the time of the announcements. WDNA Executive will endeavour to contact club secretaries, it is then the clubs responsibility to advise teams if games are cancelled. The committee believe that all games should be played if possible. If you cannot contact your club, assume that the game will be played. Cancellations will also be put on the Web Site & Face Book page.

Lost Property

Lost property is kept at the central control area until the end of each season. It will then be given to local charities if not claimed.

Players

5. Match Personnel (Page 22 Rules of Netball)

5.1.1 (iv) **Players may not wear anything that could endanger themselves or other players, specifically:**

- (a) No adornment or jewellery may be worn other than a wedding ring which must be covered with tape.
- (b) A medical alert bracelet may be worn provided it is covered with tape.
- (c) Fingernails must be short and smooth
- (d) Hair must be suitably tied back.

Non-abrasive gloves may be worn but no long nails or jewelry is permitted under the gloves. Players can be asked to remove their gloves or tape if umpires suspect they are covering piercings.





Emma played netball on the Coast for over 20 years and is a patron of the Wyong District Netball Association.

Congratulations on being part of the biggest team sport in Australia and the number one participation sport for women and girls.

Good luck this season!

“ *As your local MP, if I can help you or your club, please get in touch.* **”**

A stylized, handwritten signature of 'Emma' in black ink, enclosed within a white rectangular box.

**Emma McBride MP
Patron & Sponsor WDNA**



Penalties / Codes of Behaviour

WDNA follows the guidelines as set down by the NSW Member Protection Policy, For more information please go to the NSW web site.

Complaints / Appeals

Formal complaints must be writing on the correct form available form administration. Complaints on the back of score sheets will not be accepted. It is important to come to administration immediately if an incident occurs on court do not wait until the end of the game. Complaints for incorrect scores will not be dealt with, a scorer from each team should stand together for the entire game.

Final Series

Clubs will be allocated time slots for Semi Finals, Finals & Grand Finals after week 15 (5th August). It is the Club's responsibility to notify their teams of game times.

If a team fails to turn up for their game during the final series due to extenuating circumstances the Executive of WDNA reserve the right to re schedule the game time if the deem that one team has been disadvantaged.

Grand Finals

For all junior teams 12 years and under, if the scores are even at full time they will be declared joint Premiers. The team receiving the trophy on the day will be determined by a toss of the coin between both Captains. Trophies for the other team will be given to the Club ASAP after Grand Final Day. For all other divisions extra time will be played.

Litter

It is the responsibility of the association members to see that all litter is placed in the bins provided around the courts. Coaches/Managers are requested to ensure that their teams remove litter from the courts after their game. Council rangers will frequent the Courts during the Season to see if the new litter laws are being observed. Spot checks will be taken throughout the day and teams **will be fined \$20 per team** if there is rubbish left in their area. Clubs are reminded again to supervise each of their teams.

Delegates to WDNA Meetings

All delegates to WDNA meetings must be senior members and financial members of WDNA and NSW. There will be a \$22.00 (GST inclusive) fine for non attendance at a WDNA meeting.



CLUB INFORMATION

Contacts

Club	Contact Name	Mobile	Contact Name	Mobile
Bateau Bay	Irene Wheele	0438 244 051	Natalie Gelwyn	0405 442 736
Berkeley Vale	Kristy O'Donoghue	0408 977 629	Brooke Renda	0431 675 741
Budgewoi	Julie Shoesmith	0419 986 759	Rebecca Sevuloski	0404 764 773
C.C. Pelicans	Mandy Shaw	0402 207 164		
Hurricanes	Amil Davis	0424 546 287	Amanda Curry	0402 910 810
Kanwal	Setitaia Fale-Tu'ulua	0449 671 190		
Lake Munmorah	Rebecca Dalgairns	0408 027 583	Holly Wright	0410 193 338
Lakes	Ebonnie Leard	0435 430 594	Rebecca Greentree	0410 619 811
Lakes Grammar	Belinda Henson	0401 058 630	Rachelle Kowaliw	0410 639 175
MacKillop	Catherine Kyle	0419 617 136	Derek Wolfenden	0409 822 857
Mingara Killarney	Jacinda Harrison	0408 493 233	Renee Webber	0414 799 510
Panthers Sports	Sally Brownlie	0409 332 036	Kellie Bush	0420 540 851
Shelly Beach	Amy Pidgeon	0413 332 449	Adam Dippel	0413 332 449
Summerland Pt / Gwandalan	Alison Bull	0434 640 501	Hayley Veitch	0417 472 152
Toukley	Melissa Lewis	0418 412 452	Lee Starkey	0450 570 446
Wadalba	Jasmine Flaherty	0409 532 545	Lisa Holt	0412 031 808
Warnervale Wildcat	Kim Bunting	0412 023 233	Kaylie Smith	0402 188 207
Wyong Leagues	April Farrell	0475 395 225	Anne Starkey	0418 491 604
Zaaps	Robyn Higgins	0404 493 446	Tracey Gorton	0414 531 474



Central Coast
Motor Group

37 Amsterdam Circuit, Wyong

(02) 4313 9437

ccmgwyong@ccmg.com.au

ccmgwyong.com.au



BestDrive

ISUZU
UTE




Mercedes-Benz



OL opposite lock

Club Colours and Abbreviations

Club	Abbr.	Colours
Bateau Bay	BB	Purple/ White
Berkeley Vale	BV	Blue/White
Budgewoi	B	Green/Gold
Central Coast Pelicans	CCP	Black/Red/Yellow
Hurricanes	H	Royal Blue/Gold
Kanwal	K	Black/Gold/White
Lake Munmorah	LM	R/Light Blue
Lakes	LW	Royal Blue/ White
Lakes Gramma	LG	Navy/Burgundy/Yellow
MacKillop	MN	Red/Blue
Mingara/Killarney District	MKD	Green/ White
Panthers Sports	PS	Teal/Black/White
Shelly Beach	SB	Teal/Navy/White
Summerland Pt/Gwan	SPG	Red /Green/White
Toukley	T	Red/ White
Waldaba	WN	Black/White/Grey/Turquoise
Warnervale Wildcats	WW	Blue/White/black
Wyong Leagues	WL	Gold/White
Zaaps	ZAAP	Purple/Black/white



CANTEEN ROSTER

Date	Week	Club	Time
25 Mach	1	Shelly Beach	8:15am to Finish
1 April	2	Kanwal	8:15am to Finish
22 April	3	Lake Munmorah	8:15am to Finish
29 April	4	Lakes	8:15am to Finish
6 May	5	Central Coast Pelicans	8:15am to Finish
13 May	6	Mackillop	8:15am to Finish
20 May	7	Mingara	8:15am to Finish
27 May	8	Panthers	8:15am to Finish
3 June	9	Summerland Pt	8:15am to Finish
17 June	10	Toukley	8:15am to Finish
24 June	11	Warnervale	8:15am to Finish
15 July	12	Wyong leagues	8:15am to Finish
22 July	13	Zaaps	8:15am to Finish
29 July	14	Bateau Bay	8:15am to Finish
5 August	15	Wadalba Budgewoi	8:15am to 11:30am 11:30am to Finish
12 August	16	Berkley Vale	8:15am to Finish
19 August	Semi Finals	Hurricanes	8:15am to Finish
26 August	Finals	Lakes Grammar	8:15am to Finish
2 September	Grand Finals	TBA	8:15am to Finish

Please Note:

- Clubs will need to supply **at least 6 adults or high school students to the canteen.**
- At no time will children under the age of 13 years be permitted to serve in the canteen.



BARBECUE ROSTER

Date	Week	Club
25 March	1	12yr reps
1 April	2	13yr reps
22 April	3	14yr reps
6 April	4	15yr reps
7 May	5	17yr reps
13 May	6	Open reps
20 May	7	Combined Rep BBQ
27 May	8	Ruth Kent Indigenous Round
3 June	9	Kanwal
17 June	10	Lake Munmorah
24 June	11	Lakes
15 July	12	Lakes Grammar
22 July	13	Mackillop
29 July	14	Mingara Killarney
5 August	15	Panthers
12 August	16	Shelly Beach

Barbecue Responsibilities

- Representative teams are allocated days prior to Clubs to help with fundraising for Senior/Junior State Titles.
- The **cost to use the barbecue is \$110 per Club**, or the alternative is **to provide two people rostered in the canteen from 7:00am – 8:15am** to help with set-up.
- It is the **teams/clubs responsibility to fill the gas bottle prior to use.**
- Teams and Clubs allocated a BBQ for fundraising purposes **are responsible for putting the garbage bins around the courts before 8am.**
- BBQ and facilities **MUST be cleaned and inspected by a WDNA Executive member before leaving.** A fine of \$100 will be imposed if facilities are left dirty and equipment not put away correctly.
- **All rubbish** from the BBQ must be put into the **nearest outside wheelie bin.**





The Athlete's Foot

**The Athlete's Foot Tuggerah
proudly supporting**



GET FITTTED FOR YOUR POSITION

WE GIVE A FIT ABOUT NETBALL



MyFit

A complete system to deliver your perfect fit. Today and every day.

Our MyFit zones bring together leading technology and shoe expertise to find your perfect fit. We help ensure that whatever you want to do, you're wearing the right shoes.

MyFit Rewards

Gain access to member only offers and events as well as reward points for every dollar you spend.

Every time you shop, you earn. Earn one point for every dollar spent and receive a \$30 voucher for every 300 points.

Tuggerah
Westfield Tuggerah
(02) 4353 4447

INSURANCE FORMS

Insurance forms can be either downloaded from the NNSW website (Insurance) or collected from administration on the day of accident or injury, or as soon as possible after the incident.

Please follow the instructions on the form carefully and have it signed by the appropriate personnel.

It is the responsibility of injured person (or guardian) to complete the form correctly which is then ***sent directly to the insurance company.***

CARNIVAL ENTRY PROCEDURES

Entries to WDNA's carnival will be accepted individually or from Clubs. Teams/Clubs can collect an official carnival entry form from administration, teams or club officials may submit this form at any time on Saturdays to an executive member in administration. The Treasurer will then invoice the club directly.

No entries will be taken if not on the official form.

Teams withdrawing without appropriate notice are subject to a \$50:00 fine (plus GST).

Umpiring Responsibilities at Carnivals

- It is the responsibility of the team to supply an UMPIRE of a reasonable standard.
- It is not always possible to umpire your own team, and you may be required to umpire at the same time as your team is playing, so be prepared for this.
- Teams may borrow players from other teams for carnivals but these players must be registered with NSWNA.
- Clubs/Teams wishing to enter any District Associations Carnival must apply directly to that Association.



CARNIVAL DATES 2023

Date	Carnival Venue	Grade	Closing Date
16 July	Blacktown	All Age	Check with Association
16 July	Port Stephens	All Age, Net Set Go	Check with Association
23 July	Charlestown	All Age, Net Set Go	Check with Association
30 July	St George	11yrs-17yrs + other club	Check with Association
	Ku-ring-gai	11yrs + other club	Check with Association
	Maitland	All Age, Net Set Go, Opens Club	Check with Association
	Lakeside	Net Set Go	Check with Association
	Illawarra	10yrs -17yrs	Check with Association
6 August	Wyong	10yrs – Opens	22 July
	Nelson Bay	All Age Set -12yrs	Check with Association
13 August	Liverpool	All Age	Check with Association
	Cessnock	All Age	Check with Association



**FAMILY.
HEALTH.
PURPOSE.
FREEDOM.**



Our commitment is to help you achieve the most important things in life



CALL 02 4350 3333



enquiries@aubreybrown.com.au



ERINA

Unit 5/210 Central Coast Hwy, Erina Plaza



TUGGERAH

Unit 3/8 Reliance Drive, Tuggerah Business Park

www.aubreybrown.com.au

SUBSTITUTION RULES

Please check **General Information Score Sheets** and *Substitution rules – players from other team* for the correct procedure when filling in score sheet.

For players from the same club – 12 years and under

GRADE	Eligible substitutes can be from: – no 12yr can substitute to a Senior Division
12 A	12A, 12B, 11A, 11B, 11C, Any10
12 B	12 B, 11B, 11C, Any 10,
11A/B	11 A, 11B, 11C, Any 10, 9 comp. 9/10yrs
11 C Blue	11 C Blue /Maroon, Any 10, 9 comp, 9/10yrs
11 C Maroon	11C Blue, 11C Maroon, Any 10, 9 comp. 9/10yrs
10 A	10A, 10B, 10C, 9 comp, 9/10yrs
10 B	10C, 10B, 9 comp, 9/10yrs
10 C	10 C, 9 comp, 9/10yrs
9 Comp	9/10yrs, 8yrs
9/10yrs	Any 8. 9/10 may also sub among themselves to make the game for enjoyable if a team is short
7yrs, 7/8yrs, 8yrs	These games are NON-COMPETITION and aimed at skill development. 7's, 7/8's 8yrs can sub among themselves. With inter club cooperation you may use players from the opposing team to make the game more enjoyable for all.



For players from the same club – 13 years to Seniors

Grade	Eligible substitutes can be from:
Division 1	Div 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, Any Cadet, Junior or 13yrs Div
Division 2	Div 3, 4, 5, 6, 7, 8, 9, 10, 11, Any Cadet, Junior or 13yrs Div
Division 3	Div 4, 5, 6, 7, 8, 9, 10, 11, Any Cadet, Junior or 13yrs Div
Division 4	Div 5, 6, 7, 8, 9, 10, 11, Any Cadet, Junior or 13yrs
Division 5	Div 6, 7, 8, 9, 10, 11, Any Cadet, Junior or 13yrs
Division 6	Div 7, 8, 9, 10, 11, Any Cadet, Junior or 13yrs Div
Division 7	Div 8, 9, 10, 11, Any Cadet, Junior or 13yrs Div
Division 8	Div 9, 10, 11, Any Cadet Any Junior or 13yrs Div
Division 9	Div 10, 11, Cadet 2, Any Junior or Any 13yrs Div
Division 10	Div 11, Cadet 2, Junior 2, 3, 4, 5, or Any 13 Div
Division 11	Cadet 2, Junior 2, 3, 4, 5, or Any 13 Div
Cadet 1	Cadet 2, Any Junior, 13yrs or 12yrs
Cadet 2	Junior 2, 3, 4, 5, Any 13yrs or 12yrs
Junior 1	Junior 2, 3, 4, 5, Any 13yrs, 12yrs or 11yrs
Junior 2	Junior 3, 4, 5, Any 13yrs, 12yrs, or 11yrs
Junior 3	Junior 4, 5, Any 13yrs, 12yrs or 11yrs
Junior 4	Junior 5, Any 13 Any 12 or 11yrs
Junior 5	Any 13, 12B, C, Any 11yrs
13B	13B, 13C, 12B, Any 11, Any 10
13C	13C, Any 11, Any 10



For players from other teams

- a) Subbing of girls from a **LOWER DIVISION, AGE GROUP OR GRADE**
- b) If a team is unable to field seven players, they may borrow from a team of a lower grade division or age group **WITHIN THEIR OWN CLUB**
- c) The borrowing team must field at least **THREE (3) Original players.**
- d) The maximum number of borrowed players shall be **TWO (2)** into any one team.
- e) If a registered player arrives after a subbed player has been used the original player may replace the subbed player but not until an interval. (1/4, 1/2 or 3/4 time). Once a registered player has replaced a subbed player that subbed player may not retake the court except in the event of an injury.
- f) A player can only sub up into a particular team **TWICE (2)** times. She will not be eligible to sub into the same team a third time. If she does sub a third time the borrowing team shall lose competition points awarded for that game.
- g) Substitutes must be written on the score sheet before the player takes the court. It is the responsibility of the Coach/team to ensure that the substitute is eligible to play in that division.
- h) The borrowed players must be eligible to play their own game.
- i) **FORMAT** for eligibility to sub into a team shall be:
JUNIORS / INTERMEDIATE / CADET / SENIOR
 - all be decided yearly.
 - No substitution in semis, finals and grand finals.
 - Rep teams may sub from squad players within their age group.

Please note: If registered team player comes late/or is injured and has already been replaced by a substitute, please indicate late/injured player with an **** on the score sheet.**

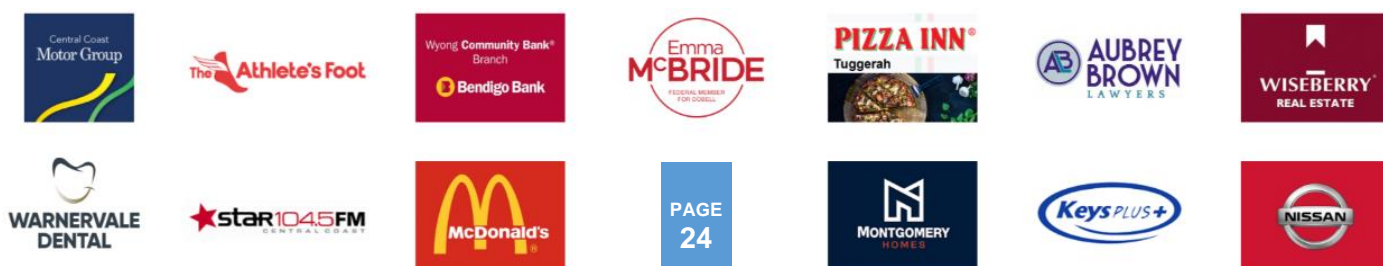
For players within your own team

Netball Australia - Official Rules - Revised 2016

9.1 Substitution and Team Changes (Page 44 Rules of Netball)

- (1) Both teams have the right to make substitutions and/or team changes:
 - (a) **During an interval**
 - (b) **When play is stopped for injury/illness or blood.**
- (ii) The numbers of substitutions are not limited provided the players used are those named for the match.

A team is up to twelve players (of whom a maximum of seven are on the court at any time).





RABBIT & GINA

Monday to Friday
6-9am



CALENDAR OF EVENTS

DATE	EVENT
1 April	Umpires Convenors meeting 9:45am
22 April	Member Protection Officer's meeting
22 April	Registration for 10-week Net Set Go program opens
6 May	11:00am Net Set Go 10 week program commences
4 June	Second selection for 11yr development squad. Baker Park, Wyong 9am start. Application to trial forms are on the website and will be accepted up until 21 May. Players wishing to trial MUST be in attendance. Late applications will not be accepted.
11 - 13 June	State Championships, Maitland - 15yrs, 17yrs, Opens
18 June	Kids Cancer Appeal Day
2 - 4 July	State Age Championships, Camden -12yrs, 13yrs, 14yrs
6 August	Interviews for rep coaching positions, times TBA
12 August	Junior Representative Applications to Trial Forms DUE
	11 year Development Squad Selections 2024. Baker Park, Wyong 9am. Application to trial forms are on the website and will be accepted up until 12 August. Players wishing to trial for a position in this squad must be in attendance. Late applications will not be accepted. 12 year Rep squad selections for 2024. Baker Park, Wyong 1:30pm Application to trial forms are on the website and will be accepted up until 12 August – Late applications will not be accepted.
15 August	13 year Rep Squad Selections for 2024 – Baker Park – 4:30pm Application to trial forms are on the website and will be accepted up until 12 August – Late application will not be accepted.
17 August	14 year Rep Squad Selections for 2024 – Baker Park – 4:30pm 15 year Rep Squad Selections for 2024 – Baker Park – 6:30pm Application to trial forms are on the website and will be accepted up until 12 August – Late applications will not be accepted.
18 August	Senior Representative – Baker Park – 7.30pm: Application to trial forms are due on or before the 14 August. All interested players are required to attend for either squad selection or expression of interest depending on numbers.
TBA	Representative Presentation Dinner for all players and rep personnel
Coach and Umpire Development	Coaching and Umpiring Courses are available through Netball NSW please check NSW web site for details - www.netballnsw.com For updates and general information please check the Wyong Netball Association website: www.wyongdistrictnetball.com.au
Player Development	Please check NNSW web site and WDNA web site/face book page for details of clinics for players.



NET SET GO NETBALL GUIDELINES

Umpiring and Coaching

- Use simple language and explain decisions.
- Umpire accordingly to the skill level of the players.
- Adopt the role of teacher/umpire rather than rule enforcer.
- Adopt an encouraging and pleasant manner to ensure an open and free flowing game.
- Be flexible, easy going with a desire to help the children to enjoy the game. Use common sense to ensure that **the spirit of the game** for children is not lost by overcalling the game.
- **Two umpires are required on these games.**
- If the game is one-sided coaches **MUST** make sure all players have a good experience.

Net Set Go Program for 7 Years and 7/8 Years

Match duration	<ul style="list-style-type: none"> • 15 minutes FOR skill development and warm up games • 3 x 15 minute on court game time
Goal posts	2.4 Metres (8 foot) height
Ball	Size 4
Time to pass the ball	Up to 5 seconds
Stepping	Shuffling on the spot to regain balance allowed
Defending	<ul style="list-style-type: none"> • Strict "one-on-one defence" • Players may not defend the shot for goal
Obstruction	A player must defend from a distance of no less than 1.2m (4ft)
Penalties	Do not stand out of play for contact or obstruction but explain the rule
Substitutions	<ul style="list-style-type: none"> • The game time should be evenly distributed amongst all player. • A team may make unlimited substitutions at intervals or at any time during play • Before leaving the court the substitute shall tag the player leaving the court • Players should be substituted to either only attack positions or defence positions only during the duration of the game • Players should experience all playing positions over the course of the season
Centre pass	<ul style="list-style-type: none"> • The initial Centre Pass will be taken by the team that won the toss and all other • Centre Passes shall be taken by the team that did not score the last goal
Scoring	There are no scores kept in these games
Coaching	Coaches (1 per team) may enter the court to help players



Net Set Go Rules for 8 years

Match duration	4 x 15-minute quarters
Goal posts	2.4 Metres (8 foot) height
Ball	Size 4
Time to pass the ball	Up to 5 seconds
Footwork	1-2 steps (to regain balance) allowed
Defending	<ul style="list-style-type: none"> • Strict “one-on-one defence” • Players may not defend the shot for goal
Obstruction	A player must defend from a distance of no less than 1.2m (4ft)
Penalties	Do not stand out of play for contact or obstruction but explain the rule
Substitutions	<ul style="list-style-type: none"> • Game time evenly distributed amongst all players • Unlimited substitutions at any time • Players should be allowed to try all positions throughout the season
Centre pass	Taken by the non-scoring team
Coaching	<ul style="list-style-type: none"> • Coaches can act as the Umpires/Mentors • If the game is one-sided coaches must make sure all Players have a good experience





Community Bank
Wyong

Part of the team

When you choose to bank with Bendigo Bank, good things happen in your community.

Like our sponsorship of Wyong District Netball Association.

And when you belong to one of Australia's biggest banks, good things happen with your banking too.

Feel good about who you bank with.

Find out more. Call 4353 8800 or search Bendigo Bank Wyong.



RECREATION SMOKE FREE POLICY

Council adopted the Recreation Smoke-Free Policy at the Ordinary Meeting held on 25 June 2008. It was moved by Councillor Welham and seconded by Councillor Stewart.

The purpose of the Recreation Smoke Free Policy is to protect residents, in particular children, from the harmful effects of passive smoking. The policy is further evidence of Council's commitment to a partnership which will see Wyong Shire Council staff work with the NSW Cancer Council and Northern Sydney Central Coast Health to highlight the health benefits of smoke-free areas.

Council has the ability to regulate activity in a public place by means of regulatory notice on council owned and controlled land by virtue of Section 632 of the NSW Local Government Act 1993.

Smoke-Free Zones are declared on the following Council owned and managed land:

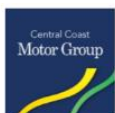
All sports grounds and their associated infrastructure including:

- Amenities buildings and car parks
- Tennis court and netball courts
- Skate and BMX parks
- Swimming centres
- Golf driving ranges; and

Zones will also apply at:

- Council events within 30 metres of playgrounds on all parks and reserves
- within 10 metres to the side and rear of red and yellow swimming flags on all
- patrolled beaches when patrols are present
- within 10 metres of rock pools; lake and ocean baths; BBQs; picnic furniture
- areas; alfresco dining areas.
- within 10 metres of entrances to Council owned or managed buildings, including balconies and covered areas
- within 10 metres of all bus stops
- Council owned and managed pedestrian malls and plazas
- within 10 metres of all covered taxi ranks located on Council owned or managed land.
- Promoters of events held on land managed by Council or under the sponsorship of Council will also be encouraged to operate as smoke-free.

Note that Council does not have the statutory authority to apply this policy to privately owned land, unless that land falls within the boundaries laid out above. Privately owned land is subject to the NSW Smoke Free Environmental Act, which prohibits smoking in a wide range of public places.



Fundraising

All you can eat Pizza Night

\$15 Per adult

\$11 Per child

(up to 15 years of age)

**\$5/head profit
to your group**

For bookings email keltyandson@outlook.com
or message via Facebook

<https://www.facebook.com/pizzainntuggerah>



Terms and Conditions

1. Available at Pizza Inn Tuggerah Only
2. Adults \$15 per head (15 years and over).
3. Children \$11 per head.
4. Children Under 5 free.
5. Established amateur sporting clubs/volunteer organisations only (ABN required).
6. Children must be supervised by a responsible adult from your club/organisation.
7. Monies must be paid into a club/organisation bank account. No cash on the night and no personal bank accounts.
8. \$5 per paying patron to be donated to the club/organisation.
9. Maximum capacity 50 patrons.
10. Pre-bookings essential.
11. Sitting is for 90 minutes.
12. Pizzas are from our traditional range (16 varieties) set by Pizza Inn on the night (Subject to availability)
13. Vegetarian, Vegan, and Gluten Free pizzas can be arranged with prior notice.
14. Pasta dishes, soft drinks, desserts, and other menu items are not included in the price but may be purchased separately.
15. No BYO Alcohol.

Please support out sponsors.

Without their generous donations our Netball competition would not be as successful.

For all competition information including draws, results, press releases, rep information, coaching/umpiring clinics, club contacts and more visit:

www.wyongdistrictnetball.com.au

